



## Big-Little Sister theme Disneyland



Fun, laughter and applause filled the gym Thursday, Sept. 23 as the Girls League kicks off their year of activities with the Big-Little Sister Party.

"Disneyland" was the theme and was carried out in Mickey Mouse, Minnie Mouse, Donald Duck, Daisy Duck, Goofy, and Pluto nametags.

Games included shaving a balloon, blowing out a candle while blindfolded, eating an apple attached to a string, and doing chicken and elephant calls.

Perhaps the most amusing or embarrassing part of the program was the Kangaroo Court." Punishment was delivered to those big and little sisters who failed to follow the rules throughout the day before. Those on the court included Rayetta Granger, Brenda Johnson, Rose Grabowski, Teresa Mattinen, and Glenna Mueller.

Chairmen of committees were Trudy Glasscoe and Inge Aldersebaes-Games; Martha Snyder-Program; Terri Nickelson-Refreshments; Laura Holz-Cleanup; and Sally Sherer-Publicity.

## Lion rates first class

The 1971 edition of "The Lion," St. Helens' yearbook, received a first class rating from the National Scholastic Press Association. This rating is only surpassed by the "All American" rating. In order to get First Class 6,000 points must be earned.

Points are given for photography, copy, display, coverage, and concept.

In addition to the numerical scores, Marks of Distinction are given if the judge feels the book exhibits superior achievement in a particular area. The Lion was awarded Marks of Distinction in Copy and Coverage.

The National Scholastic Press Association evaluated approximately 5,000 publications this past year.

## Salem witch trial come to SHSHS

The first all school play of the year, "The Crucible" by Arthur Miller, will be presented November 18, 19, and 20.

Set in the Salem of 1692, Miller's play brings to powerful life the problem of guilt by association. In this instance, the association is, according to the accusers, with the devil. Based on the actual witch trials that had become hysterically epidemic in Puritan Salem of that time, the drama revolves around Elizabeth Proctor and her husband John, who rather than support the vicious fiction of some exhibitionistic girls and thus save their necks, stand fast with the truth — and send John Proctor to the gallows.

Here, from the first improvised stories of adolescents, through the increasing violence of their accusations, to the climatic scene of the trial itself and its grim aftermath, is drama that reflects the strangest and most awful chapters in human history.

## Vagt selected for Junior Symphony

The Holiday School in Portland was the place, September 16, 1971 was the date. Bill Vagt, St. Helens High School senior was auditioning for a position with the Junior Symphony.

Bill has played for the preparatory symphony during the past two years and has been required to audition for the Junior Symphony each year. This was his third audition, there was a vacancy in percussion, and Bill was accepted.

The symphony will present four or five concerts this year and will also stage a concert with the choir of Lewis and Clark College.

Bill will continue to play for the rest of this year and maybe in college, he says. But, although he enjoys playing very much, he does not plan to make a career of music.

## Junior Miss aspirants meet

Mrs. Edwina Freytag and Jerry Vanderpool were speakers at the September 22nd Girls League meeting held in the cafeterium. The topic was the forthcoming Junior Miss Pageant. It was stressed that the pageant is November 13, two weeks after the Homecoming Court is chosen so that these girls may also enter.

The pageant is open only to seniors and they need not have exceptional talent. The five categories judged are Scholastic Achievement, 15%; Judges Conference, 35%; Pageant Line, 15%; Youth Fitness, 15%; and Performing Arts, 20%.

The pageant is a five day affair beginning Tuesday morning and ending Saturday night. During this time there is a Press Conference, pictures taken, a V.I.P. reception at the Hoyt Hotel and Fun Night at the Lloyd Center and Farrells.

A few rules are that the girl must not be less than 16 years old by March 1st; must be a bona fide senior student; must have good character and scholastic standing along with poise, personality, charm, and intelligence; must be single and never married; talent performance must be no longer than 3 minutes and there will be no bathing suit pictures. In short, the judges are looking for the "Ideal Teenager."

All girls are urged by Mrs. Freytag to sign up and to turn in their applications as soon as possible.

## OSP hold Eugene Conference

Staff members of the "Lion" and the "Lion's Roar" attended the Annual Oregon Scholastic Press Conference in Eugene on Oct. 8 and 9.

The two-day affair consisted of many informative group discussions for student staff members and a special panel discussion for advisors dealing with the theme, "The Authority of the Advisor . . . Does It Exist?"

An exhibit of equipment used for publications, was displayed during the weekend.

Eric W. Allen Jr., editor of the Medford Mail Tribune and Mike O'Brien, feature writer for the Eugene Register Guard, were guest speakers.

Students who attended were: Julia Tatro, Joyce Thompson, Darlene Kindred, Pam Massey, Terri Nickelson, Albert Adams, Debbie Houghtelling, Rich Riegel, Mark Stevens, Keith Judkins, and Mrs. Hallaian, advisor. They stayed in rooms provided by sororities and fraternities on the campus.

## St. Helens four honored

"Quite an honor," and "A lot of competition," is how Mr. Brumbaugh describes the annual All-State Band held this year at the Hilton Hotel in Portland on October 7th, 8th, and 9th.

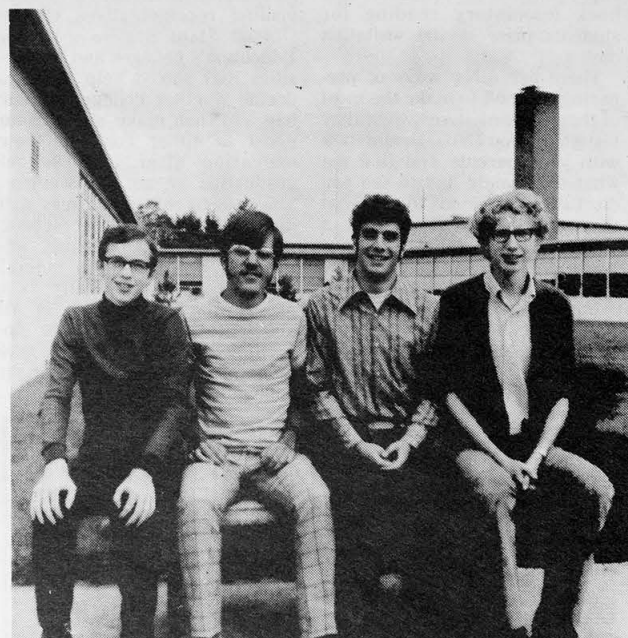
Along with a band, a choir and orchestra is also chosen. Bill Vagt has been selected for orchestra in the percussion section. For band, Mark Montgomery, contra bass clarinet; Jon Lellelid, trombone; and Mike Halstead, tuba, have been chosen.

Entrants for the All-State Band must tape special selections and send them in to a panel of directors who then select the best ones. Out of 1,500 applicants, 110 have been selected this year.

This year's director is Dr. Frank Beneriscutto, Director of Bands at the University of Minnesota. Dr. Beneriscutto also worked in Eugene with the All-Northwest convention.

Registration will be October 7th at Clackamas High School with rehearsals on the 7th, 8th, and 9th.

The final concert will be held at Lewis and Clark College at 8:00 p.m. the 9th. The program includes "Fanfare and Lyric," "Proclamation," "March Slav," "Statement," and "His Honor."



BILL VAGT, Mark Montgomery, Jon Lellelid, and Mike Halstead were chosen for All-State Band.

# ORANGE

Sleepy Time  
Puffin

This piece is dedicated to the junior birdmen in Montana and their wives.  
"Flying back to earth could be dangerous."

The Group: Allman Brothers.  
It is possible that this whole piece of art is wasted. The review is in relation to the Allman Brothers Band LIVE at the Fillmore East. This group is from the South; Macon, Georgia is their home. They own, collectively, nine motorcycles and they drink Ripple wine. This two record album is nicely long. It's at a special low price! Nothing is easy... S: Duane Allman and his licks on lead guitar: S



Have you seen the saucers, Marianne? The album moves (generally accepted) (break your face)  
So go out and buy this album so I can listen to it, too.  
Thanks to the girls on 7th and Salmon. And to Beaver . . . and Bowl of Beans on Burnside.  
UP AGAINST THE WALL

Oh well - Peter Green  
"I can't help about the shape I'm in  
I can't sing, I aint pretty and my legs are thin  
But don't ask me what I think of you

"I might not give the answer that you want me too"

Only you know and I know  
Go with the flow  
Go with the flow  
But then again, maybe not  
Life could be a hassle

OMMMM

Fred Z

## Preparing for college

To get the most out of that opportunity, however, will take planning and preparation. The college representatives have prepared themselves, your counselor has prepared for their visit and now you must prepare yourself to gain as much information from them as possible. That means thinking about whether you are interested in going to college and, if so, where; what kind of program you are interested in; what career you might try to develop; how much money you and your parents can afford to spend; and a host of other related questions.

Once you start thinking about that, you may want to consult a counselor for answers and if you are serious, will definitely want to do some reading that may provide you with some background for answering at least your initial questions. In your counseling office and perhaps library, there are many publications that may be of assistance to you in answering questions and preparing for the visit of the college representatives. There are, for example, college catalogs that talk about a particular college. There is "Mapping Your Education" which has information about every two and four-year public and private college and university in Oregon and Washington and also has a very good section on how to prepare to go to college. The college representatives consider this book mandatory reading for students prior to the visitation day.

There are other ways of preparing yourself to make the most of the representatives when they visit with you. You should talk with your parents and find out what they would like to see you do. Talk with friends to see what they are doing. If you get a chance, visit a college campus just so that you can get a feel for what is happening.

If you take a number of these preparatory steps, you will find that the day the college representatives visit will be more meaningful to you and that you

will be prepared to ask specific questions of concern to you. That day will come soon, so now is the time to prepare yourself for it.

It hardly seems possible that the summer is gone, fall is setting in and, with it, school has begun. Whoever first said "How time flies!" was right - it does.

And that fact should be of increasing concern to seniors as, before they know it, graduation day will be upon them. Juniors, of course, have some time yet before they face diploma day and underclassmen have just begun the fight. Yet, for them too, that day will likely come faster than it seems it should.

One reason graduation day seems to creep up on all who face it is the uncertainty of what lies beyond. Those who are planning to go to college after graduation likely are unsure of what college will be like. Those who want to work may not have jobs or, for that matter, know what type of occupation they want to pursue. Those who plan on entering the military have likely heard enough stories about that life to have some questions, too. Whatever the case, graduation day begins a new segment of any student's life. And like any other significant day, it is very important to be prepared for what lies ahead.

Seniors and perhaps underclassmen as well, will have an opportunity this fall to gain first hand information from a team of visiting representatives of the Oregon State System of Higher Education's colleges and universities that should help them to decide whether college is their bag and then make appropriate plans to either continue their education after high school graduation or not to continue. The college representatives will discuss their particular school, relate curricular offerings, admission requirements, social activities and generally talk about what college life is all about. It is then, a rare opportunity to gain insight into many of the uncertainties about college life.

## Thank you

The newspaper staff wishes to thank Gib Crouse of the Sentinel-Mist Chronicle who gave a Verityper Headliner to St. Helens Senior High School. This equipment enables the newspaper staff to print their own headlines and to make up their own ad copy. It is a valuable asset to the school in that it helps in production and also trains someone in the use of the Headliner.

## In love with life

How It Would Be If I Were Killed In An Automobile Accident  
The following appeared in an Ann Landers column as an excerpt from the Tiger Tattler, a school newspaper in Lawrence.

Agony claws my mind. I am a statistic. When I first got here I felt very much alone. I was overwhelmed with grief and I expected to find sympathy.

I found no sympathy. I saw only thousands of others whose bodies were as badly mangled as mine. I was given a number and placed in a category. The category was called "Traffic Fatalities."

The day I died was an ordinary school day. How I wish I had taken the bus! I remembered how I wheeled the car out of Mom. "Special favor," I pleaded. "All the kids drive." When the 2:50 bell rang I threw my books in the locker. I was free until 8:40 tomorrow morning! I ran to the parking lot - excited at the thought of driving a car and being my own boss. Free!

It doesn't matter how the accident happened. I was goofing off - going to fast. Taking crazy chances. But I was enjoying my freedom and having fun. The last thing I remember was passing an old lady who seemed to be going awfully slow. I heard a deafening crash and felt a terrific jolt. Glass and steel flew everywhere. My whole body seemed to be turning inside out. I heard myself scream.

Suddenly I awakened. It was very quiet. A police officer was standing over me. Then I saw a doctor. My body was mangled. I was saturated with blood. Pieces of jagged glass were sticking out all over. Strange that I couldn't feel anything. Hey, don't pull that sheet over my head. I can't be dead. I'm only 17. I've got a date tonight. I'm supposed to grow up and have a wonderful life. I haven't lived yet. I can't be dead.

Later I was placed in a drawer. My folks had to identify me. Why did they have to see me like this? Why did I have to look at Mom's eyes when she faced the most terrible ordeal of her life? Dad suddenly looked like an old man. He told the man in charge, "Yes, he is our son."

The funeral was a weird experience. I saw all my relatives and friends walk toward the casket. They passed by, one by one, and looked at me with the saddest eyes I've ever seen. Some of my buddies were crying. A few of the girls touched my hand and sobbed as they walked away.

Please - somebody - wake me up! Get me out of here. I can't bear to see my Mom and Dad so broken up. My grandparents are so racked with grief they can barely walk. My brother and sister are like zombies. They move like robots. In a daze.



A CHIMNEY SWEEP straight from Mary Poppins lounges on a city bench.

## Old sweep visits St. Helens

While cruising through St. Helens, some strange people can be seen, but a few weeks ago there was a real odd looking character in town. This person was an old man about seventy years old sitting on one of the city benches, dressed in farmers' overalls with a sign stapled around his hat that read "Chimney Sweep." When I asked if I could take his picture he said, "Sure but it'll cost ya four bits." After I recovered from the initial shock of being asked to pay for a picture, I questioned him about his sign. He said that he traveled all over the Northwest as a chimney sweep, from Montana to

California. His main place of residence is Longview.

He was sitting on the bench waiting for a job offer and said he had already received a few. He also said that he was the only chimney sweep in the northwest that still used the old hand method of cleaning.

After getting the whole story of his life I again asked if I could take his picture and tried to explain that I couldn't pay for it. Finally after a half an hour he started to give in and I was able to get his picture. After taking the picture I thanked him and ran off before he could change his mind and want it back.

don't put me in the ground. I promise if you give me just one more chance, God, I'll be the most careful driver in the whole world. All I want is one more chance. Please, God, I'm only 17.

Everybody. No one can believe this. And I can't believe it either.

Please don't bury me! I'm not dead! I have a lot of living to do! I want to laugh and run again. I want to sing and dance. Please

### Lions Roar Staff

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THE SENTINEL MIST Chronicle

# Kar Korner



JIM PATERSON stands proudly beside his Chev on the new parking lot.

Have you seen a stock '57 Chev Belair in top condition sitting around the parking lot? If you have, it is Jim Paterson's immaculate machine. Jim has put a lot of time and money into his blue-baby to get it in such good shape.

This car is all original, right down to the ripping 261 cubic inch six and column three speed trans-

mission. The only things Jim has added are chrome wheels, big Roag Hugger tires, and a great sounding tape deck. Jim hopes to put a V8 in the car sometime — when the money is available.

If you like '57 Chevis and almost everyone does, Jim's is a real beauty. How much ya want to sell it for, Jim?

— Niwde



CHILDREN ENJOY snacks with Mrs. Paulson assisting.

## Tots invade SHSHS

The St. Helens Senior High is being invaded by three to five year olds during the month of October. Two sessions of play school are offered during the morning and afternoon every other day for four weeks.

The purpose of the Play School is to give Mrs. Kathie Paulson's Home Ec. students some experience in working with and observing young children. The children benefit from such activities as creative play and playing together. An organized

snack and story are provided for the children by the students.

The children attending the first session are Jack Carter, Dawn Wendelschafer, Sean Cosgriff, Sandra Shibley, John Winkler, Michele May, Brenda Brock, Brian Shrock, Chris Reynolds, and Michael Whittick.

Those attending the second session are Marcy Moen, Gilbert MacKenzie, Barbara Buell, Jeri Ann Simpson, Peter Norman, Craig Sutton, David Howell, Jeffery Miller, and Diane Jacobs.

## Dear Leo

Dear Leo:

I am a senior boy and I like a sophomore girl. Do you think it is bad for a senior boy to like a sophomore girl? Also, I like a junior girl but I think she doesn't like me because we used to go together and we broke up because we were too young. I was 6 and she was 9. Also, I was dark, handsome, and just plain loveable and she was ugly. Please give a reply.

Desperate  
P.S. My number is 397-9974

Dear Desperate:

No it is not bad for a senior boy to like a sophomore girl, unless age makes a difference to you.

About the junior girl, why do you like her if she is ugly? Of course looks are not everything. Just keep trying. She'll never know you care unless you make it obvious.

Leo

Dear Leo:

How should I go about getting an old boyfriend back? I still like him a lot. Please don't tell me to get a new boyfriend, I don't want one.

Puzzled

Dear Puzzled:

Have you tried getting him back? Can you remember how you got him the first time? Make use of your former tactics, and keep trying. Make the time you're with him work for you, and soon he'll get the picture that you still care.

Leo

Dear Leo:

I am a senior girl in love with a senior boy who has long blond hair and blue eyes. But a lot of sophomore girls like him. I think he likes me, yet the sophomores are giving me competition and I feel they do not like me. What should I do?

Wondering

Dear Wondering:

Do you have any classes with him? If he knows you like him, it could help you. You say, he likes you, and if he does then the competition won't make any difference to him. Just don't give up. Besides everyone knows seniors always win over sophomores.

Leo

Do you have a problem or need advice? If you do just write to Leo and put your letter in the box that will be located in Room 5.

## Spanish Club revived

After two years of total non-existence the SHSHS Spanish Club has been revived.

Due to a lack of interest on the part of the students there had been no club.

The club is advised by Miss Ponta and the officers for the 71-72 school year are Patti Runyan, President; Debbie Hough-telling, Vice President; and Pam Massey, Secretary-Treasurer.

Membership cards have been distributed, tentative plans for activities have been discussed and the revision of the constitution has been voted upon.



GARY SEKARAK, a Zen Buddhist, talks to Modern Problems class.

## Zen talk in modern problems class

Zazen, sitting meditation, is the basis of the Zen Buddhist religion. That is just one of many interesting facts you might have learned if you had heard Gary Sekerak speak. He visited some SHSHS modern problems classes Sept. 16 and 17 to talk about Zen Buddhism.

Gary is currently studying Zen at the Zen Center in Los Angeles. He has also worked at the Zen Monastery which is isolated in the mountains of Southern California. He was brought up as a Catholic but started practicing and studying Zen Buddhism about two years ago. He has a degree in Psychology from Kent State University and has also done two years graduate work at Yale in philosophy.

Zen is mainly a Japanese religion, but it has started an Eastward trend. Most of the Zen Masters, such as the one Gary lives with are Japanese. Zen has been rapidly increasing in the U.S. for the last ten years, and the trend should continue.

The basis of Zen is meditation. Gary meditates an hour and a half in the morning and an hour and a half at night. The purpose of meditation is to control the mind — clear it completely. The goal of meditation is to become enlightened. After enlightenment you will know who you are and what your purpose is in life. Gary has not yet been enlightened, he says.

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# Sports



## JV creams Tillamook

St. Helens J.V.'s hosted the Tillamook Cheesemakers on Sept. 30. This was the third contest for the Lion Cubs and they literally ran Tillamook out of town with a 39 to 0 victory.

Steve Eakins led the Lions by scoring 4 touchdowns. Mark Knudson added another touchdown and a P.A.T. Rocky Thurman contributed a touchdown on a 70 yard punt return and two point conversion. Quarterback Ron Barrick did very well in the air — he threw 6 completions for 142 yards.

Dorian Wilbert led in the tackle department — 9 tackles and assists. Coach William O'Toole felt the team played well — they should win more games if they play as well. One problem the Lions J.V.'s did have was with penalties — they had 80 yards of them.



## Lions maul Techmen

The Lions came out ahead again for their third straight victory when they clashed with the highly rated Benson Techmen Friday, September 24. The contest went down right to the wire, but when the final buzzer sounded St. Helens had it 7-0.

The Lions got their points in the early minutes of the game, after gaining 83 yards in 18 plays. Jerry Fast went over from the one yard line for the touchdown. Quarterback John Heller kicked the extra point.

Benson posed their only serious threat in the game when Richard Washington, end, caught a series of passes. Washington is 6'10" and was all state last year. However, their attacks were ended when Doug Norman made an interception.

Most of the game was a defensive battle, both teams having excellent defenses. Leading the Lion defense in holding Benson scoreless was Leonard Mason and Mike Weber. Gary Kling and Doug Norman aided the Lions by getting interceptions. Leonard Mason and Mike Peterson recovered fumbles and mark Rowland caused one.

Penalties caused the Lions some problems — 104 yards worth. Dan Durbin led the Lions in rushing with 80 yards.

After this victory over the Techmen the Lions are rated twelfth in the state by some polls.

## SHSHS hosts Dragons

The Lion J. V. hosted the Dallas Dragons in their second game and were defeated, 36 to 12.

The Lions came out storming in the first quarter and rolled up 105 yards rushing while scoring twice. Touchdowns were scored by Steve Eakins and Rocky Thurman. Dallas tallied once and the Lions led 12 to 8. From then on it was Dallas scoring twice in the second quarter and twice more in the fourth.

The Dragon defense allowed only 39 yards rushing and only five completed passes after the first quarter to defeat St. Helens 36 to 12.

## JV thrashes Silver Foxes

The St. Helens J.V.'s traveled to Silverton for their first contest of the season. They came home with a 14 to 6 victory over the Silver Foxes.

The opening stanza found both teams scoreless. In the second quarter, Steve Coy broke off tackle and scored on a four yard run. The point after failed and the Lions led 6 to 0 at half. Late in the third quarter the Lions again scored on a five yard romp by Rocky Thurman. Steve Coy scored on the two point conversion and this gave the Lion J.V.'s a comfortable 14 to 0 lead. The Lion defense held Silverton to one score in the final period and went home victorious 14 to 6.

## Lions bag three more

St. Helens' cross country runners made it three wins in a row when they won the Dallas High School Cross Country meet at the Dallas City Park on Sept. 20.

Gary Barger and Ralph Painter turned in times of 12:49 and 12:55 respectively to break the course record. They finished well ahead of the third runner from Astoria.

Other runners from St. Helens who placed were Tim Wilson, 5th; Eric Dahlgren, 7th; Dave Nickelson, 8th; Arzie Walters, 9th and Jim Beck, 11th.

The JV runners however placed second in their race, losing narrowly to Astoria by 8 points.

cross country newberg Gary Barger and Craig McCullum led both the Varsity and JV cross country running teams respectively to victory at the Newberg High School cross country race on Sept. 27th.

With this win, St. Helens Varsity now stands on top of the Coast Valley League with 8 wins and no losses. The JV team, by beating Silverton at Newberg, is now on top with seven wins to one loss.

Barger ran the 2.3 mile Newberg course in a time of 13:12, followed by Nickelson in 14:06 and Painter in 14:07. Coming in 10th was Dahlgren; 11th was Wilson; 12th, Beck and Walters was 13th.

In a separate race covering 1.6 miles, JV runner Craig McCullum ran 9:38 to take first place, followed by Jim Barbeau in 9:39. Final JV standings were St. Helens, 29 points; Silverton, 47 points; Estacada, 57 points.

Newberg and Sherwood failed to field complete JV teams.

## Mayo leads NFF

The intramural football game standings so far this year are as follows:

In the NFF (National Flag Football) Mayo won 3 lost none; Stermer won 1 lost none; Corsiglia won 1 lost 1; Painter won none lost one; Templeton won none lost 3.

In the AFF (American Flag Football) Elder won 2 lost none; Kilmer won 1 lost none; Nickelson won 1 lost none; Allen won none lost 1; Clark won none lost 1; and Lawrence won none lost 1.



CROSS COUNTRY runners preparing for meet.

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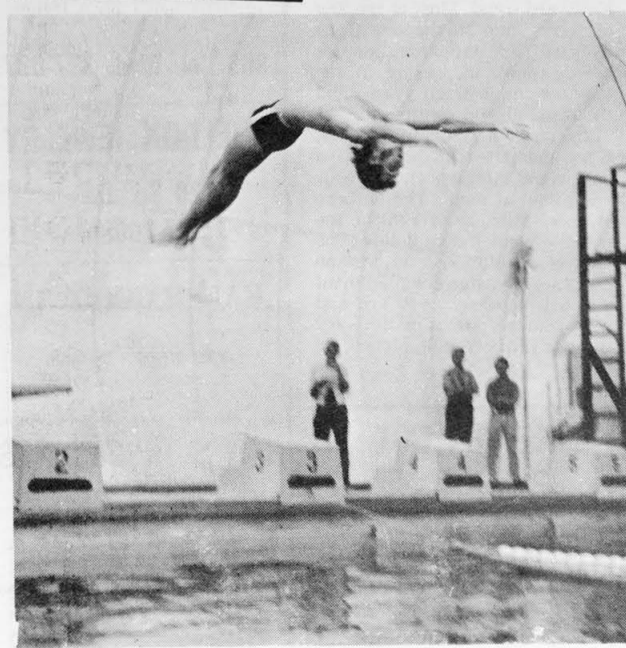
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ST. HELENS SWIMMER dives while swimmers Mark Montgomery and Monte Bassine look on.