

Athletes honored at Kiwanis fall sports banquet

The annual Kiwanis Fall Sports Banquet honoring the SHSHS football, swimming, and cross country teams, and the Trojan Frosh team was held Thursday, November 11.

Doug Norman was voted "Most Inspirational" by his fellow teammates. Dan Durbin was named as "Outstanding Back" and Mark Rowland as "Outstanding Lineman." Jerry Fast was voted "Most Improved Player." Mike Peterson and Mike McCain were named as Co-captains for the 1972 season.

The "Most Inspirational Swimmer" award went to Connie Carpenter this year. The "Most Inspirational Runner" award from Cross Country went to Gary Barger, who came in first in League competition and placed fifth in state.

Master of Ceremonies for the Banquet was Chet Ray, who opened the program by introducing Mayor Rod Norwood for the welcome. Rev. Elvin Fast gave the Invocation after which the dinner was served by the Pep Club.

Next on the agenda was the introduction of the head table and teams. The Swim Team was presented by Mr. "E" who gave special recognition to Tammy DeLashmull and Nancy Lathers who qualified for the State swim meet.

The introduction of the Cross Country team was made by Andrew Knudsen, Athletic director, standing in for Gene Strehlou, Cross Country coach. Cross Country runners were Ralph Painter, Jim Beck, Dave Nickelson, and Gary Barger.

Last to be introduced were the Lion football teams. Coach Dave Kocer introduced the All-League members from SHSHS. Offensive team members receiving honorable mention were Don Mekosky, end; Jerry Fast, halfback; John Heller, speciality kicker. Named to second team was Al Adams, tackle. Named to first team offense were Joe Templeton, guard; Mike Peterson, center, and Dan Durbin, halfback.

Defensive team members receiving honorable mention

were Doug Norman, end; Len Mason, guard and Dan Durbin, halfback. Second team members were Gary Kling, end; Mark Rowland, tackle and Mike McCain, linebacker. Named to first team were Mike Peterson, guard and Don Mekosky, safety.

Team pictures were presented to the Varsity squad through the courtesy of Heinie Heumann, number one Lion Fan.

JV Coach Jeff Basinski discussed the JV season and introduced the team.

Guest speaker for the evening was Don Reed, head football coach for the Portland State University Vikings.



DOUG NORMAN voted "Most Inspirational" by fellow teammates.



DAN DURBIN receives "Outstanding Back" award from Mr. Burr.



GARY BARGER "Most Inspirational Cross Country Runner."



JERRY FAST receives "Most Improved Player" award from Mr. O'Toole.



"MOST INSPIRATIONAL SWIMMER" award went to Connie Carpenter.

Lions



Roar

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St. Helens Sr. High

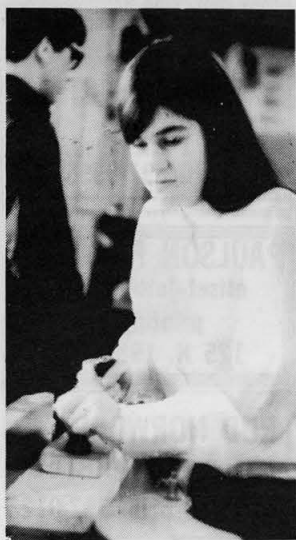
November 30, 1971

Lib hits shop

Our staff has been so amazed at this new idea of Women's Lib coming into our high school that we've just gotten over it enough to put this into writing. That's right, girls are in woodshop. In fact there are presently nine, with six in Mr. Perry's period seven class and three in Mr. Walker's period six.

After the fundamentals of woodshop are learned and the students have passed all their safety rules on the various machines they go to work.

That's right granny, you better hold on to your bottles becuz our new female carpenters, along with the boys that are still trying to figure out why they were so lucky, are making spice racks in mass production. At the same time they are learning the various techniques of wood carving and making soap dispensers.



CONNIE FRIEND one of the first girls in woodshop.

Carpenter attends NYCSE

Clayton Carpenter, a junior at SHSHS, attended the National Youth Conference on Science and Environment in Chicago the week of Nov. 8.

Also attending were Gene Strehlou, SHSHS Biology teacher; Keith Woodridge, Madison High chemistry teacher; Tom Hogan, Madison High junior; and Keith Loeffler, education representative from PGE Company.

Clayton was selected from high schools in Columbia County and school district No. 1 in Portland, after being interviewed by a team of science-oriented educators from the Portland area.

The purpose of the conference was to present to a group of the

nations high school students and teachers an authoritative and inspiring picture, a promise of pure and applied science in helping to restore and improve the environment. The conference also sought to help advance interest in the study of science in the United States.

Clayton, Mr. Strehlou, and other delegates flew on United Airlines to Chicago on November 10, and stayed at the Sheraton Hotel. A highlight of the Conference was touring the Cook Nuclear Center in Benton Harbor, Michigan.

This is the 4th year that PGE has sent delegates to the Conference. Fred Warneke represented St. Helens in 1967.

Linda Flatau named Junior Miss

Linda Flatau was named the St. Helens Junior Miss in the pageant held at the Jr. High on Nov. 13. She was crowned by 1971's first runner-up, Jill Babb.

Mrs. Edwina Freytag was Mistress of Ceremonies for the program entitled, "Thank Heaven For Little Girls."

The first runner up was Cheryl Wooden; second runner up was Marlene Pengra; Janet Smith was third runner up and Rachael Harding was fourth runner up.

The girls were judged in three categories, poise and appearance, creative and performing arts, and youth fitness.

The judges were Mrs. Susan Edmiston, Mrs. Nancy Federici, Mrs. Pat Elder, Robert Lucas, and Rich Marson.

For performing and creative art, Linda sang "Edelweiss." Cheryl did a gymnastic routine on the balance beam to "Exodus." Marlene did a solo rhythmic choir to "Sounds of Silence." Janet played her clarinet to "Moon River" and was accompanied by Twana Bates. "I Have a Dear Old Daddy" was sung by Rachael.

Among other performances by contestants were Sandy Smith doing a monologue on horses. "1st Movement Moonlight Sonata," selected by Terry Pihlaja to play on the piano. Sharon Roberts doing a routine to "Alfie" on the balance beam. Patti Lusk doing a monologue on "Fat" and Lucinda Lange singing "What the World Needs Now."

Jill Babb presented her skit, "Dolls Liberation" for entertainment.

A piano solo, "Theme From Love Story," was presented by Lorna Johnson, 1972 Scappoose



LINDA FLATAU shown after being announced St. Helens Jr.

Jr. Miss, as special entertainment. Elaine's School of Dance also presented four numbers.

Linda will represent St. Helens in the state Junior Miss Pageant in January.

Hallo Mr. Wise !

Turkey by any name is just as good

The French call it the "dindon"; the Germans, "Truthahn"; the Spanish, "pavo". They have the same thing in mind — the delicious turkey.

The turkey is a large game bird native to North America and is related to the pheasant. At one time, many wild turkeys lived as far north as Maine and southern Ontario.

Evidence indicates that the turkey was partially domesticated by the Indians before 1492. The Zuni Indians, as a matter of fact, used them for sacrifice and food; and the Aztecs are the first known breeders of turkey.

This interesting little (I mean big) bird must probably be the most misnamed fowl in all creation. In Turkey it is the "hindi"; in Japan, "shichi-menchoo, the seven-faced bird" and in China "huo-chi, the fire-chicken."

Wild turkey is a rare sight today. They are found in Florida, in the southwestern states (especially Texas) and in Sonora, Mexico. Turkey in the United States is bred commercially, unlike elsewhere in the world. The leading turkey producing states in the Union are California, Minnesota and Virginia.

The First Thanksgiving

Since ancient times, days or periods of thanksgiving have been known in many lands. Thanksgiving began in the US as a commemoration of a particular celebration held after the first New England harvest in 1621.

However, there is no record that it was called "Thanksgiving." It was only in 1623 that the Puritan Pilgrims began to "set apart a day for thanksgiving."

For the first Thanksgiving, the Indians invited brought deer and turkey. Four hunters sent out by Governor Bradford also brought back turkey. And turkey it has been, for 350 years.

This practice of Thanksgiving, was kept alive only by state proclamation. In 1846, Sarah Josepha Hale, a magazine editor, began a campaign to make Thanksgiving a national holiday. She chose the last Thursday of November because on that day, in 1790, President Washington had proposed a National Thanksgiving Day in honor of the new US Constitution.

On October 3, 1863, President Lincoln, believing the Union saved, proclaimed a national day of thanksgiving. He chose that last Thursday in November. In 1865, Andrew Johnson named December's first Thursday; in 1869, US Grant named the third November Thursday; in 1939, FDR chose the fourth Thursday in November and in the following two years businessmen pressured him to choose the third Thursday in November.

In December 1941, a joint resolution of Congress stopped this changing of dates at the whims of various Presidents. The resolution specified the fourth Thursday (which is not always the last Thursday) as Thanksgiving Day.

Canada, our closest neighbor, first proclaimed a National Thanksgiving Day in 1879. In 1931, it was made a statutory holiday. The second Monday in October won recognition as the honorable day.

THE WAY

Sitting here imbalanced on this chair, I often set to wonder a multitude of impossible thoughts or ideas. The world seems to spin around and around and around and around with people clinging onto this hunk of rock. I think of my relationship to the stars, knowing that my life is unimportant compared to the vastness of it all. This idea collides smoothly with the infinity of existence and the interrelationship of all things. I am part of the whole, the being, and for sure we are all part of the oneness. The entire universe circles around me. The entire universe circles around you, who ever you may be; you are the key to the universe.

You are not exclusive here on earth. Life streams on without your being. If you die everything goes on as it was.

And on this living planet has been formed the purest and also the oldest form of music. Jazz. It is a release of a soul, a being, a it is like the mobius strip, an unceasing flowing of rhythm, beating eternal through ones head.

There is a Black dude who plays jazz music with his trumpet and proceeds to wail some of the most engrossing tunes out that you will ever hear. He has a Grammy Award Winning two record album out called "Bitches Brew." His name is Miles Davis. His name is Miles Davis. He has with him a collection of the greatest modern jazz people around. Names like Zawmul and John McLaughlin, who you might not of heard of.

The album has 94 minutes of the snappiest sounds 'round. It is to help you get into the fire and the earth. Say goodbye to your passive dreams.

And welcome to the spiral of life.

Attorney visits



MR. VAGT speaks to Mrs. Vagt's U.S. History classes.

Attorney Robert Vagt visited Mrs. Hazel Vagts' U.S. History classes on November 11 to talk about law. Mrs. Vagts' classes were studying the Constitution of the United States and she thought it appropriate that an attorney talk to the students about these laws.

Mr. Vagt also visited Miss Hustons' Health classes.

FHA convenes at Sherwood

The FHA Convention was held at Sherwood, Ore. on November 6, 1971. The proceedings consisted of a film, a lecture, a luncheon at the new Sherwood High School, a fashion show and various skits.

Christmas projects and the future Los Angeles FHA convention were also discussed.

Installation of state officers was held after nominations and elections were completed.

Attending the convention were: Carolyn Hansen, Lola Klaypacz, Dawn Gump, Carol Henningson, Leona Holz, Toni Hansen, Laura Holz, and Mrs. Paulson, adviser.

Turkey Terms

ayam belanda
carbuncles

dewbill
feathers
gobbler

kalkon
leader
snood
tacchino
turkey



Malay word for turkey
small reddish growths of skin at the base of a turkey's throat
fleshy growth on front head
see dictionary
name for turkey. Called because of the male's loud gobble, gobble ...
Swedish for turkey
see dewbill
ditto
Dino sez ...
origin uncertain. Probably called because of its soft call: turk, turk, turk. Some say it was confused with guinea cock which arrived in Europe from Africa via Turkey.

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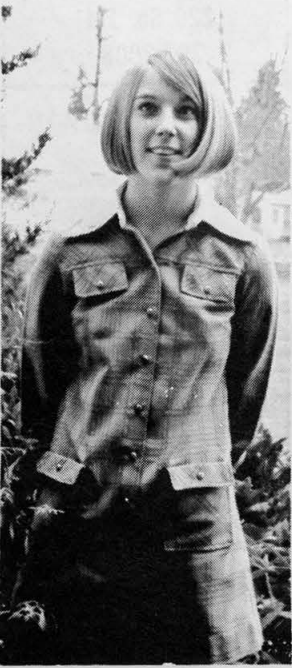
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Girl of the Month



GAIL NORWOOD, October Girl of the Month.

Gail Norwood, daughter of Mayor and Mrs. Rod Norwood of St. Helens was chosen October Girl of the Month for the trait, Spirit.

Upon being chosen for all-around spirit of Girls League and school activities, Gail said she was "very surprised and shocked."

The announcement was made at the Thursday, November 11 Girls League meeting.

The 5'6", blonde haired, gray-blue eyed senior is an active member of Girls League, Choir, and serves as treasurer of Outdoor Life Club.

Gail was born May 10, 1954 in San Francisco. She says "SHSHS is a great school because its small and the students and teachers are on a less formal basis."

After graduation Gail would like to attend Oregon State and study Psychology.

The program continued with a fashion show presented by Linda Marson, owner of the Lemon Racque. The models Geri Jensen, Lori Hudson, Cindy Slater, Peggy Sigler, Regina Housley, Inge Aldersebaes, Cheryl Wooden, and Rose Grabowski modeled fashions by Bobbi Brooks.

At the conclusion of the program winners of the Van Dynn candy sale were announced. They were Carol Franks-94 boxes, Lucinda Lange-62 boxes, Tina Buerke-60 boxes, and LaRita Rhamey-50 boxes.

First prize was a velour pant suit, second prize a pair of waffle stompers, third prize a purse and fourth prize a monkey candle.

The following names were omitted from the list of the National Honor Society members in our last issue, Sue Evans, the daughter of Mr. and Mrs. Edmond Evans of St. Helens; Duane Nelson, son of Mr. and Mrs. Donald Nelson of Deer Island; and Jeri Rowett, the daughter of Mr. and Mrs. Leonard Rowett of St. Helens.

Biology II visits OMSI

The OMSI Planetarium and the Dental School were the featured aspects of the Biology II field trip undertaken on November 17, 1971.

Thirty-six students and Mr. Strehlou departed the school at 8:30 a.m. with OMSI scheduled as their first stop.

Within the chamber of the planetarium, there is a device which can assimilate the stars, the sun, and the moon. This device can also display the sun setting with the night approaching and the sun rising with the oncome of a new day. One could also feel the sensation of their body rotating in a circular motion, as the stars rotated around them.

Next on the agenda, was a lecture at the Live Radiation Laboratory at OMSI. Also shown, were examples of food and live animals after being subjected to doses of radiation.

The students ate at Farrel's in Raleigh Hills.

The Dental School located in Portland, was the last stop. A lecture on dentistry was given and a guided tour of the building afterward. The students were also shown the cadovors used in the Anatomy classes.

What are you doing on Thanksgiving

Trudy Granger: "Going Skiing"

Mr. Knudson: "Watch football games"

Dave Johnson: "Eat"

Mr. Burr: "Work around the house"

Mr. West: "Everyone's coming out to my house from Portland, don't know where I'm going to put them all yet."

Randy Elder: "Getting totalled"

Mr. Clark: "Going to Salem"

David Rose: "Don't know"

Patty Young: "Nothing, I'm not going to do anything."

Terri Opperman: "Anything that comes up"

Mr. Stewart: "Probably go duck hunting"

Mr. Green: "Going to Mr. O'Toole's wedding in San Francisco"

Mr. Basinski: "Same place as Mr. Green"

Mrs. Vagt: "Going to have guests"

Mr. Kocer: "Attending Mr. O'Toole's last rites in San Francisco"

Mr. O'Toole: "Getting Married"

Mr. Whittick: "Having basketball practice"

Mr. Jensen: "Taking a trip to Utah."

"Four instants I fill the aviators air with acrobats and sprinkle the sides of the road like dead deer." "I'm a 3-1/2 ton 4-1/2 feet high Lycanthrope to be hanged on a diving rod like dust on this earthly flea that tortures the universe."

Kar Korner



MR. O'TOOLE stands proudly by his "HOT ROD" Opel GT.

It's about time to feature a teachers car, and Bill O'Toole's is a real sports car, so his fits right in. However, it's only half his now that he is married.

The '70 Opel GT is a lot of fun to drive, Mr. O'Toole says. No doubt that's true with the good handling, 4 speed, radial tires, 4 cylinder engine putting out 102 horses, and a tachometer. At 80 MPH it is turning 4,000 RPM. Mr.

O'Toole says his wife likes it too. The car is flaming orange, with black interior.

This is Mr. O'Toole's third car, his first was a '50 Ford — a real machine. It was faded moss green, had body rot, and the doors were tied shut. But the radio worked. Next was his '65 Ford Falcon — he got rid of it because it had 99,000 miles on it and now his opulent orange Opel.

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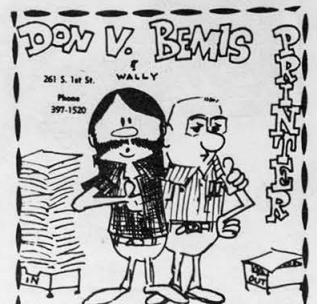
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Sports

Football Recap

The Lion varsity football team has recently completed a very successful season. They had a record of 6-3, giving them a third place finish in the Coast Division of the Coast Valley League. Finishing first and second were McMinnville and Astoria, respectively. The Coast Valley League was very well balanced this year — all the teams were tough.

Head Coach Dave Kocer attributed much of the team's success to the leadership of the seniors. He felt they had a lot of hustle and desire, as did the whole team. Kocer also felt the assistance of coaches Bert Burr, Wally Green, Jeff Basinski, and Bill O'Toole was very instrumental in the team's success. There was a lot of pressure on each game, as most were very close.

One of the high points of the season was after the Benson game when they had a 3-0 record. The Lions were rated 11th in the state by some polls at that time. Kocer felt that if the Lions had gotten the breaks they could have been undefeated champions of the league.

The first game of the season the Lions hosted Silverton. Confidence and a great goal line stand earned them a 13-8 victory. Next they traveled to Dallas, and came back in the second half to win 42-24.

Third was Benson, a non-league game. The Lions pulled out the close contest 7-0.

The Lions first defeat came against Astoria. It was a close heartbreaker, the final score 25-19.

Next the Lions lost on the home field 29-28. Forest Grove won in the final minutes with a two point conversion.

By the virtue of their great defensive effort the Lions beat Canby 6-0 at Canby.

In an exciting but sad homecoming game McMinnville squeaked past the Lions 14-6.

The Lions defeated Newberg 8-6 in a game played for self-respect and pride.

In the final game of the season the complete team dressed down and played. The Lions wiped out Estacada 33-7.



Swimmers finish season with win at Tillamook

St. Helens swimmers finished the season with the boys team winning no meets and the girls team winning 4 and losing 2.

In the last meet the girls won and the boys lost to Tillamook. Results of the individual events are: In girls events:

200 freestyle — Todd, T.; P. Lathers, SH; Eldridge, SH.
50 freestyle — Ricker, SH; Lanros, T; Gienger, T.

100 butterfly — Delashmutt, SH; Chamberlain, SH; Folmsbee, T.

100 backstroke — Todd, T.; Carpenter, SH; P. Lathers, SH.

100 breaststroke — N. Lathers, SH; Delashmutt, SH; Bush, T.

100 freestyle — Carpenter, SH; Lanros, T; Christensen, T.

400 freestyle — Ricker, SH; Bell, T.

200 freestyle relay — St. Helens (McCoy, Chamberlain, Williamson, Delashmutt); Tillamook.

Boys Events
200 medley relay — Tillamook; St. Helens

200 individual medley — Taylor, T; Kneeland, SH; Forester, T.

500 freestyle — Lerwick, T; Clark, T; McCoy, SH; Gellately, SH.

100 butterfly — Taylor, T; Crouse, SH.

100 freestyle — Van Vleck, SH; Johnston, T; Macklin, T.

400 freestyle — Gellately, SH; Forster, T.

100 backstroke — Van Vleck, SH; Taylor, T; Montgomery, SH.

400 freestyle relay — St. Helens (Crouse, Waine, Gellately, Van Vleck); Tillamook.

It's toolate!

Bill O'Toole, object of much affection and many dirty towels, finally received his last rights as a bachelor.

Mr. O'Toole has been a teacher here at SHSHS for the past four years. On November 26th he took as his bride Kathy Zwahlen, a teacher at Mount Hood Community College, in Lafayette, California.

Mr. O'Toole left St. Helens on Tuesday the 23rd and returned with his bride on Sunday the 28th after a short honeymoon in San Francisco.

He received moral support from our faithful coaches, Baskinski, Green, and Kocer, who couldn't stand to see him go through such a drastic change by himself.

Barger makes All State

After finishing a perfect league season culminating with the district championships, Lion runners took the State AAA cross country meet in confident stride. Making the trip down to Eugene on Saturday, November 6 were Barger, Nickelson, Painter, Wilson, Beck, Walters and Dahlgren. Sophomore McCollam was the alternate.

The race, held at Lane Community College, was won by Randy Brown of Sunset in a time of 12:00 minutes. His win enabled Sunset to take fourth place in team placings. Gary Barger of St. Helens was fifth, thus earning him a place on the All-State first team.

In the overall team placings, Ashland and Centennial tied for first. Third, fifth and sixth were North Eugene, West Albany and Hillsboro respectively. Tying for seventh were South Eugene and St. Helens. Ninth was Rex Putnam and tenth was South Salem.

St. Helens runners placed considerably lower than expected. In earlier meets during the season, they had lost only to Ashland, Centennial, Central and South Salem.

Scorers for St. Helens were Barger, Nickelson, Painter, Walters and Wilson in that order. Non-scorers were Dahlgren and Beck. McCollam did not run.

JV's 5-2-1 for season

"Exceptional" was how Coaches Jeff Basinski and Bill O'Toole described the 1971 JV Football Team. They had a good season — they won five, lost two, and tied one. Many of this years JV team members will move up to Varsity next year and help them immensely. Injuries hampered the Lion Cubs; they lost a number of players during the course of the season.

Ron Barrick was the leading passer, and Glenn Harrington was the leading rusher.

A high point of the season was the McMinnville game, which they won 28-14. Mac was the only team they lost to last season. The JV's won their last three games, a good comeback effort.



Lion Varsity finishes successful season with 6-3 record