



FROM L TO R: Sandy Smith, Connie Carpenter, Liz Zeschin, Peggy Sigler, and Barbara Thompson, named to Winter Ball Court.

Father Senko speaks

The annual Thanksgiving assembly was held on Nov. 24 in the cafeteria. The theme of this year's assembly was "Yesterday and Thanksgiving" with research on the subject done by Eric Dahlgren and Don Mekosky. Ken Doherty read a short speech entitled "Yesterday and Thanksgiving" to set off the program.

A short play was put on about Thanksgiving and the President of the U. S. from the past to the future. The cast of the play was William Bradford, played by Jeff Chinell; George Washington, played by Bruce Holz; Abraham Lincoln, played by Bruce Erlandson; Theodore Roosevelt, played by Mike Kinard; Richard Nixon, played by Mike Eaton; and future beings 102569 and 216096 played by Rick Crandall and Ken Shadley, respectively.

Father Senko from the Catholic Church was introduced and spoke on Thanksgiving.

The choir presented the selections, "A Mighty Fortress is Our God," "Nunc Dimittis," "Battle Hymn of the Republic," and "America the Beautiful." The audience joined in on the last two songs.

FLASH: Sandy Smith was announced the Queen of the Winterball

Princesses chosen for Winter Ball Essay Contest

"Swimming Fantasy," is the theme of the 1971 Winter Ball. The Ball will be held December 11, in the high school cafeteria beginning at 8:30 p.m.

The Princesses include Connie

Carpenter, daughter of Mr. and Mrs. James Carpenter; Barbara Thompson, daughter of Mr. and Mrs. Loren Chamberlain; Liz Zeschin, daughter of Dr. and Mrs. O. L. Zeschin; Sandy Smith,

daughter of Mr. and Mrs. Otis Smith; and Peggy Sigler, daughter of Mr. and Mrs. Perry Sigler.

The Rainier dance band will provide the music.

The AD HOC Committee on the effects of the Vietnam War is sponsoring an essay contest for high school students. The theme of the story should be "How the Vietnam War has affected me". Essays should emphasize the effect of the war on personal thoughts, attitudes, feelings, or actions.

Entries should be in triplicate

and the deadline is February 29, 1972. There is a cash award of \$150.00 for the best essay.

Entries should be sent to: Dr. Chester M. Feuerstein, Chairman; AD HOC Committee on the Effects of the Vietnam War; New York Society of Clinical Psychologists, Inc.; 227 West End 10023.

Assembly honors athletics

SHSHS athletes who participated in Football, Cross Country, and Swimming were presented their awards and certificates at the Awards Assembly November 19.

Two year awards for Cross Country went to Gary Barger, Dave Nickelson, Tim Wilson, and Eric Dahlgren. One year awards went to Jim Beck, and Ralph Painter. Terry Charlet received his letter for serving as manager.

Swimmers who received awards were Patty Lathers, Tammy DeLashmutt, Gina Williamson, Teresa Finney, Connie Carpenter, Nancy Lathers, and Roxanne Ricker, Paul Montgomery, Tim Waine, Randy Crouse, Bill VanVleck, and Kent Kneeland.

Al Adams, Dan Durbin, and Don Mekosky received three year letters for Varsity Football. Two year letters were received by John Heller, Gary Edwards,

Jerry Fast, Mike McCain, Doug Norman, Mike Peterson, Dave Killens, Joe Templeton, Jim Paterson, Mark Rowland, and Ken Shadley.

One year awards went to Gary Kling, Mike Weber, Gerry Thomas, Larry Howell, Tim Sauls, Roy Oliver, Bob Davis, Mark Warner, Len Mason, Mike Chaffin, Gary Weybright, Sam Brock, Ken Doherty, and Tim Barnes. Managers awards went to Russ Stevens and Dennis McCartney.

Mark Knudson, Randy Peterson, Durrell Kearsley, Larry Cave, Bob Anderson, Dave Warren, Mike Bair, Dave Pierce, Ron Hamilton, Rich Bailey, Dave DePriest, Dave Stroud, Glenn Harrington, Charles Fleischer, Steve Eakins, Steve Coy, Rocky Thurman, John Watson, Ron Barrick, Dorian Wilbert, Vern Runyan, Joe Allen, and Tim McAnnany received JV Awards.

Leagues stage show

In order to accumulate canned food to be distributed among needy families, the Boy's and Girl's League staged a talent show on Friday, November 19. Admittance was one can of food.

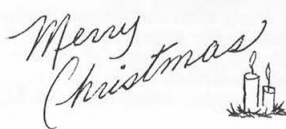
Masters of Ceremonies were Randy "shag" Crouse and Connie Anderson.

Opening the show was Twana Bates, who sang "Love is but a Song to Sing" and "Bridge Over Troubled Water." The Barber-sharps were second, featuring Mona Phares, Laurie Brock, Rhonda Bassine, and Diane Paterson. They sang "By the Light of the Silvery Moon."

"Shag the Magnificent," portrayed by Randy Crouse, was the third act. "Shag" had comedy in mind as he impersonated a magician. SHSHS' own Barbara Striesand was the fourth performance. Kay Kearsley imitated her as she sang "People"

A skit dealing in the era of the 1950's entitled, "Teen Angel" concluded the program. The skit attempted to give insight to yesteryear's teenage generation.

the Jr. High, presented the main address of the program. As former principal for many of the students present, he spoke with authority on the character necessary for leadership in school.



NHS inducts new members

National Honor Society held their Fall induction Tuesday, Nov. 30, in the cafeteria. Thirteen new members were inducted.

The four qualities of National Honor Society candidates were presented by NHS members. Service was the quality that Martha Snyder talked about. Liz Zeschin spoke on the quality of Leadership and Scholarship was the quality that Mark Montgomery talked about. Tim Wilson gave the final speech on Character.

The new members were inducted in a candlelight ceremony. Inductees, escorted by their NHS sponsor lit candles symbolizing knowledge and were presented with membership pins by their sponsor.

Those inducted were, Terecia Kearsley, Jeff Lewis, Richard Bixby, Eric Dahlgren, Leona Holz, Jeri Rowett, Nancy Lathers, Gloria Painter, Kevin Iverson, Duane Nelson, Steve Harrington, Sue Evans, and See Kiat Toh.

Jack Delashmutt, principal of



ERIC DAHLGREN, one of fourteen new members inducted into National Honor Society.

Racism in St. Helens

The following is taken from the December 2nd issue of the Sentinel-Mist Chronical. You are welcome to send any comments to the Lions Roar staff.

In the beginning of the school year Benson's football team went to St. Helens for a game. For the Benson team it wasn't as bad to lose as it was to hear spectators and players from St. Helens harrasing and ridiculing black players, black spectators, and the team as a whole.

This situation was un-called for and never should have happened. The players kept the situation under control and stuck together to try to calm down the offended Techman.

Why did this situation arise at St. Helens? Because of the ignorance that some people from St. Helens displayed toward the black man. Because of the lack of respect and lack of communication with the black man.

Because of the racist attitudes of some of the people in St. Helens, Benson's team had to suffer humiliation not for how they played, but what colors their players were. This incident will not be forgotten by those players. And it isn't a very beautiful thing to remember.

What good does this article do, then, but inform us that there is still racism in sports? It will, I hope, open the eyes of the students at Benson; to cause us to look around and realize how lucky we are to be associated with each other.

In many ways, we can say that we will never be like students from St. Helens because we are associated with so many different types of people. We have started to learn to accept a person for what he is, not the color of his skin.

People have to start living together and accepting each other for what we are, because if we don't, this world just isn't going to make it. We have made an attempt at Benson. It is regrettable that people in St. Helens live in their narrow, little world and are missing so much of reality and life by being so humanly blind.

— Paul Morgan
Benson High Student

An Endless Weekend

- it starts friday night. you've been ready for three days. anticipating. you planned it to be a get-away-from-everybody trip to anywhere. a few days, till your money runs out.

- you walk to the hiway with your pack and a sign stating your destination. three hours later you are sitting on the beach or winding along a mountain road talking to someone you never met before. soon asleep on the side of the hiway.

- by eight the next morning you're restless. you came, you saw, maybe even conquered and now you feel like moving on. realizing that you have ten dollars in your pocket, alot of energy and what seems like all the time in the world, you head back to the hiway to look for just a bit of adventure.

- then, whether you are whipping through a blistering desert in an open jeep or standing in a torent summer shower waiting for another car to pass you by or pick you up, this is when you wish it would truly be an endless weekend.

aussie

Serendipity

O little town of St. Helens

Eleven days to Christmas and the streets of downtown are already looking great with the sparkling wreaths, bells, candles and jolly Santa Clauses. The Christmas decorations are purchased by the Chamber of Commerce and put in place each year by PGE and Pacific Northwest.

Tomorrow evening, gaily decorated Christmas ships from Portland will pay their annual visit to St. Helens. They will show off their beauty on the part of the Columbia River between here and Columbia City.

Christmas parties galore will be held, as Christmas approaches. Gifts would be given, trees would be decorated, and carols sung as the little town of St. Helens celebrates the holy day.

"That's our Tree!" is a magic expression. Whatever its type or size or shape or adornments, your tree—the one you choose and enjoy with those you love — becomes something special when you say those words. It's a tree like no other. It rises in beauty to rival the stars.

— Majorie Holmes
"Today's Health"
December '68

And there were in the same country shepherds abiding in the field; keeping watch over their flock by night
And lo, the angel of the Lord came upon them, and the glory of the Lord shown round and about them: and they were sore afraid.

— Luke II, 8 and 9

Many of us know December 25 is not Christ's birthday. It was only in 350 AD that Julius I, Bishop of Rome, ordered December 25 to be celebrated. No record remains of His birthdate. Some early church scholars urged it to be celebrated in January, some in March, April or September. If shepherds were watching over their flocks at night as Luke reports, then the Nativity must have occurred during a warm season. For, in winter, sheep slept in folds.

Christmas is a great mystery to me. (The way we practice it, is it a mystery to you, too?)
— Malcolm Boyd, "Are you running with me, Jesus?"

Christmas 1659
In Jamestown, Virginia, "Merrie England" customs were practiced by the pleasure-loving Cavaliers. They burned a yule log, had elaborate dinners, played games and sang carols. Evergreens and candles decorated their homes.
In Plymouth, Massachusetts, Governor William Bradford for-

Mystery Teacher



GUESS whose shoe?

Our Mystery Teacher was born in Portland, Oregon (or Maine) on November 13, 1946.

He tells us he is 6' (or 4'2) and weighs 230 pounds, give or take a few. His favorite class is his own, (is that what your students say?) and his favorite football team is none other than the St. Helens Lions.

He enjoys watching "Marcus Welby, M.D." on Tuesday night and "Bullwinkle" cartoons on Saturday morning. Dessert is the most liked food of this teacher whose favorite saying is "Excellent!"

His ambition in life is "to be a good person," and in his spare time he applies himself to his hobby-skindiving. (In the Columbia River?)

Laughing Track
Here i am fighting like an eagle under water. Death seems the only thing that is a real key to my sanity. All my friends have left me in a garbage heap of pain and guilt and doubt. Thanks. At night i dream of people who are much like me in spirit and health. we all lived in basement abodes with the air stale and gastly horrible smells constant around us. There are no sounds or squeeks: all is of utmost silence. But i could not help but hear a constant buzzing. Like a telephone wire hum gone mad. Way down inside my stomach was being attacked by beetles. i started to scream, but my voice was being contracted by some unshowing force. Most of the dream would concern me and my attempt at screaming my bloody head off. when i finally realized that this was futile, i would then resort to trying suicide. but for some reason i would never succeed. what ever happened in my dream (nightmare?) after that remains mostly fuzzy, but i do remember something about "home" or someplace like it.

But here it is, reality, right between the eyes. And i live here on earth with all these corpses running around, all dressed up and no place to go. The only thing that sticks in my mind is an occasional variance in the way an individual dies. we (you and i) share all things except of course our going down. in this infinite existence, it is actually this function called death which makes us different. believe what you may. i really feel no obligation to you now.

BY SPADeBU9 *

FFA places in contest

St. Helens FFA placed 16th out of a total of 95 teams competing from Oregon, Washington, and Idaho in a Livestock Judging Contest. The contest was held at the PI Saturday, Nov. 20. The team consisted of Mike Chaffin, Rick Smith, and Steve Nelson. Steve placed 9th in individual competition out of 295 places.

St. Helens also tied for first at Hog Judging, in which the winner was chosen by lottery. The first three teams drawn were given first, second, and third place banners.

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Around the world during Christmas
Dec. 5 — Germany — St. Nicholas' Day. Exchange of presents

And when you travel round the world, don't forget to say "Merry Christmas." Here's how in:



- | | |
|----------|------------------------|
| Chinese | Shep Dan kwai lerk |
| Dutch | Een prettign Kertmis |
| French | Joyeux Noel |
| German | Froehliche Weihnachten |
| Italian | Buon Natale |
| Japanese | Meri Kurisumasu |
| Spanish | Feliz Navidad |

Have a merry Christmas and a groovy vacation!

Dec. 16 — Mexico — beginning of the Mexican posadas. Gifts for the children only on Epiphany.

Dec. 25 — Australia — summer vacations for Christmas. Gifts exchanged during breakfast.

Jan. 7 — Ethiopian Christmas. Ethiopian picnic includes spicy lamb stew, buckwheat cakes and fermented honey in white wine.

C is for Crowns and champagne for the Winter Ball Court on the sweetest Christmas they've ever had. Congratulations!

Santa looks and dresses like he does today thanks to Dr. C. C. Moore, a professor of divinity, who described him in detail in an 1822 poem, "The Visit of St.

Nicholas." He was later drawn by cartoonist Thomas Nast in "Harper's Illustrated Weekly" 1863.

o holy night

why did they have to come when we are all so busy

let them go knock upon some other door this time

spell their small names in someone else's face

joseph and mary are no kin of ours

— thomas john carlisle

"I'm not black, but there's a whole lots of times I've wished I could say I'm not white."
F. Zappa

Medieval England #201
1066-1485

In an earlier time, i was more of an adventurer; a jack-of-all-trades, wandering into each different town, ready for any action. I wasn't fortunate enough to be the leader of a band of men, like my friend Robin; i was to rely on my quick thinking to keep me out of trouble. And it was in this frame of mind that i happened to come upon a rather small town in the Western country, which possessed the name of one of my dearest friends, Launcher. It was written on a signpost quite obvious to any passer-by. It was a nice enough town, with orange and green houses with yellow picket fences (which in itself is an oddity of the times) surrounding the cottages of light. But there were strange and bizarre ladies out side of these huge red houses in a certain district. Red brick with red scuzzi type rooves. This was the only logamaroo i could score against them, tho.

Like many things in life, i didn't notice the really humongous feature for a few moments, as i was captivated by a young lady with blue eyes. I was cruising along the boulevard, when i caught sight of an awesome site of 200,530 lbs of green (green!) brick piled up to form the largest assemblage of craziness i have ever witnessed! It must be a camel, i thought; but no ordinary camel would be symbolized like this. Lo and Behold came running running into me brain and i dawned upon the Real answer: it was a dog; with sparsely placed plastic hair, and little beedie eyes placed or it's head with no calmness whatsoever. A sign under it, which was badly in need of repair, read the following word: MUGGER.

Right now is when any competent reader would be asking himself: "what the hell . . . ?" But remember people, you are in Western county, and this in itself must tell you something about the state of mind of the people of the mind.

At this instant, the queen, a girl with long stringy blond hair stepped out onto some porch of sorts and proclaimed to me "You, with the long hair, please don't look so worried. nothing is easy. so it goes."

I couldn't quite catch the name tag on her lapel, but maybe it read something like "the hang-man's beautiful daughter."

So it flows

by Richie Samuel

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The Gift

Many of us has had unforgettable gifts from people we love. We've read O. Henry's "The Gift of the Magi" in which a loving husband and wife sacrificed personal welfare in the spirit of Christmas.

But what of the boy celebrating his first Christmas away from home without a present and a Christmas tree? Alone in the mirkiness of outer space, how do you make his Christmas unforgettable?

Tomorrow would be Christmas, and even while the three of them rode to the rocket port, the mother and father were worried. It was the boy's first flight into space, his very first time in a rocket, and they wanted everything to be perfect. And when, at the customs table, they were forced to leave behind the toy and the little tree with the lovely white candles, they felt themselves deprived of a great pleasure.

The boy was waiting for them in the Mars Rocket Terminal room. Walking toward him, after their unsuccessful clash with the Interplanetary Customs, the mother and father whispered to each other.

"What will we do?"
"Nothing, nothing. What can we do?"

"Silly rules!"
"And he was so much looking forward to the tree."

The siren gave a great scream, and people leaped up and pressed forward into the Mars Rocket, pushing the mother and father and their thin son along among the rumble and tussle.

"I'll think of something," said the father.

The date was December 24, 2052; near midnight, Earth-time, the boy awoke and said, "I want to go look out the port window."

There was only one port, and that was up on another deck. "Not quite yet," said the father. "I'll take you up later."

"I want to see where we are and where we're going."

"There's plenty of time for that." The father had been lying awake thinking; now he had a plan.

"Son," he said, "in exactly one hour it will be Christmas."

"Oh," said the mother, dismayed that he mentioned it. She had rather hoped the boy would forget.

The boy's face grew pale and feverish. "I know, I know! Will I get a present? Will I have a tree?"

"Yes, all of that, but much more," said the father.

The mother started, "But—" "I mean it." The father gave her a look.

He left their little cabin for ten minutes. When he came back he was smiling. "Almost time."

"Can I hold your watch?" asked the boy, and held his father's watch while the rest of the hour drifted by in fire and space and silent motion.

"It's Christmas now! Christmas! Where's my present?"

"Here we go," said the father, and took his boy by the shoulder and led him from the room, up several rampways through the rocket, his wife following.

"Here we are," said the father.

They had stopped at the doorway of a large cabin. The door was closed. The father rapped three times, and then twice, in a code. The door opened and the light in the cabin went out and there was a whisper of voices.

"Go on in, son," said the father. "It's dark."

"I'll hold your hand. Come on, Mama."

They moved into the room and the door shut, and the room was very dark indeed. And before them loomed a great glass eye, the porthole, six feet high and ten feet wide, from which they could look out into space.

The boy gasped. Behind him, the father and the mother gasped, also, and then in the dark room some people began to sing.

"Merry Christmas, son," said the father.

And he moved forward slowly until his face was pressed against the cool glass of the port. And he stood there for a long, long time, just looking and looking out into space and the deep night at the burning and the burning of ten billion billion white and lovely candles . . .

Whoozit

For the first "Whoozit?" of the year we chose this charming and darling mystery baby, who posed for this picture some sixteen years ago, and after all this time, has grown to a mere 5'10" and weighs 140 pounds.

Those curly locks are brunette and the sparkling eyes are hazel. Otherwise known as "Wilbur" or "Rosy" he tells us his favorite teacher is Mr. Basinski, and his favorite class is Analysis. He also likes sports, working on mechanical things, and digging clams.

As for dislikes, he despises a lot of homework and sitting in class with nothing to do. (Is this a hint to his teachers?)



LEAVE it to women drivers. Candy Proulx and her fueler VW.

This issue's Kar Korner is devoted to a car owned by a female (oh no!) Yes, Candy Proulx's '67 Volkswagen is the chosen machine.

Candy, a junior, is new to SHSHS this year. She has had the car a couple of months now, and says she really likes it. Her VW is white with black interior (very clean). For sportiness (and to help her when she's road racing) she has a wood grain shifter knob, and a leather racing grip on the steering wheel.

For sound this cherry of a car is equipped with a radio (of course)

and a Muntz 4 & 8 track stereo tape deck. It sounds pretty sharp!

Now for the mechanical side of things — this is no ordinary Volkswagen. It has a super-charged and fuel injected 1300cc hemi engine. The engine is also equipped with a full race cam, headers and Bosch racing ignition. It runs on a half and half mixture of nitro and alcohol (Methyl or ethyl?).

Candy hopes to get mags for the VW next summer. Good luck and Merry Christmas Candy.


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Sports



Lions place 2nd in jamboree

The Newberg Tigers, a highly rated CVL team, were named winners of the basketball jamboree played here Friday, Dec. 3. However, SHSHS turned in an equal win-loss performance. Both Newberg and St. Helens won two and the Newberg-St. Helens session ended in a tie, 11-11. In total points, it was Newberg 56, St. Helens 40, Forest Grove 39, and Astoria 34.

Each of the four teams participating played one quarter against each of the other. In individual contests the evening went this way: Forest Grove defeated Astoria, 16-15. The

Vikings were in front the whole game, but it was close all the way. The Lions overhauled the Forest Grove Vikings, 18 to 14. Don Mekosky led the Lions to victory, turning in an eight-point performance.

St. Helens and Newberg tied 11-11. The Lions led all but the last six seconds, when a Tiger pumped a two-pointer in.

Newberg destroyed Forest Grove in a high scorer, 21-9. The Tigers rolled up even more points against Astoria, taking them 24-10.

It was a tight one between St. Helens and Astoria, but the Lions came off with the win 11-9.

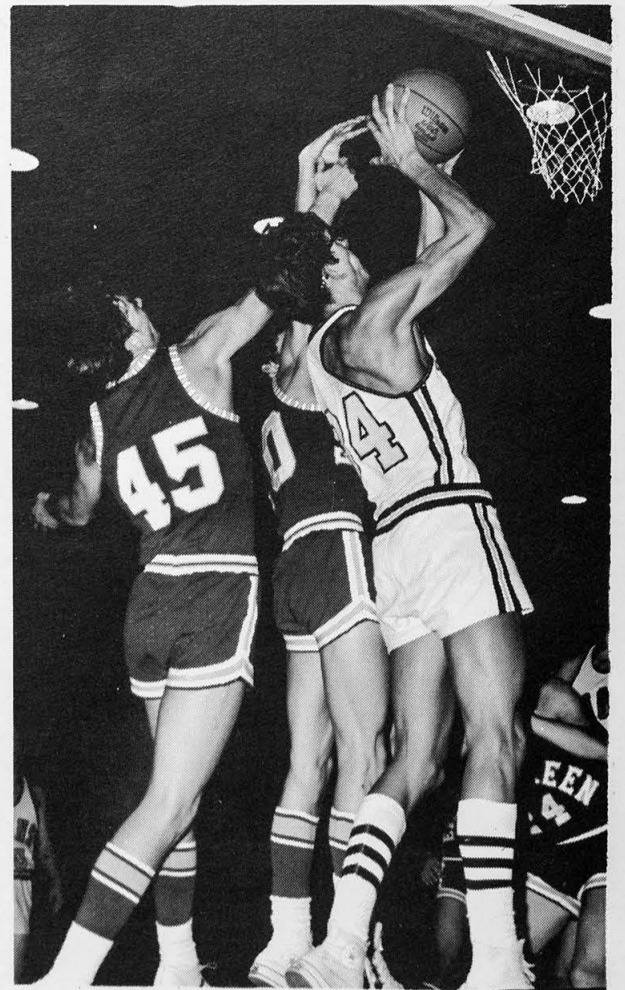
Lions host Plainsmen Varsity

It was a close fight December 4 when the Lions met the Evergreen varsity cagers on home ground. It was all get up and go with a fast quarter that was merely an exchange of goals, with the two squads scoring alternately. In the last minute, the Lions surged ahead 20-18.

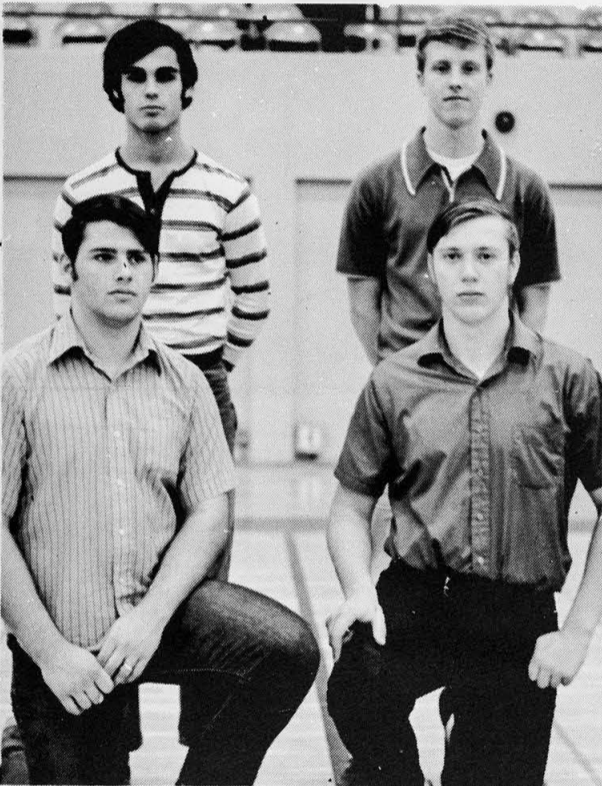
A similar scoring pattern was followed in the second quarter, which closed with a 33-33 tie. No one was sure who would emerge winner. Things looked good, however, for the Evergreens in the third quarter however when they started pulling away. The Kelly green and gold team kept the Lions at arm's length as they maintained their six point lead. Constant Lion scoring kept it closer to four than 6 most of the time.

Finally, in the last 30 seconds, Evergreen put in a pair of gifters to clinch the game at 75-69.

Dominating play throughout the game was Don Mekosky who started the fireworks in the first minute and never let up till the last minute of the game. His 33 point scoring spree was almost half of the Lion tally for the night.



Gary Wallaian stuffs one in.



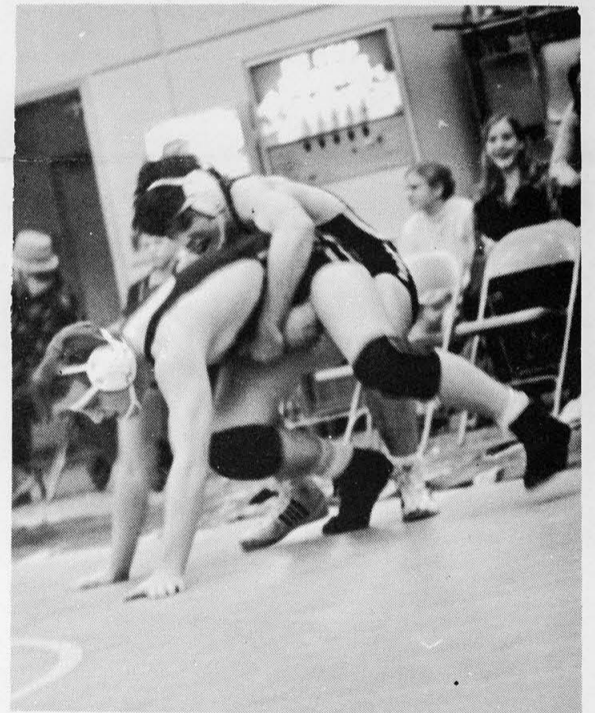
MIKE PETERSON, Al Adams, Dan Durbin, and Don Mekosky, four Lion players voted for All-State. Peterson was named to 2nd team, offensive center, and Adams 2nd team offensive tackle. Durbin, offensive running back, 3rd team, and Don Mekosky, defensive back, 3rd team.

JV

St. Helens JV's met the Evergreen Plainsmen Saturday, December 4 in an uneven basketball game on home ground. From the start, the outcome was already known, for the Lions displayed excellent ball skills in both offense and defense to sew up the first half with a 38-26 lead.

In the third quarter, the Plainsmen failed in a late comeback. With 4-1/2 minutes to go, they pushed up to the Lion basket, only to find a jelled offense resisted penetration. However, in the sixth minute of the third quarter, a Lion offense mistake enabled the Plainsmen to put a ball in the basket and a gifter immediately after put them three points closer to the hot-shooting Lions.

The Plainsmen threat was quickly stopped by the concrete defense which allowed Lion shooters to pour in 15 more points in the last quarter to come up with a final score of 73-48. Lion Doherty contributed 22 points while Barrick was number two with 17.



Doug Norman takes down his opponent

Matmen place in tourney

The Lion Matman had their first test in a four-way tournament held here Thursday Dec. 2, and showed up well. They defeated two of their foes, Sandy, 31-30, and Madras, 30-21. The Lions were overpowered by Dallas, 35-16.

Dallas won all three of their dual matches and walked away with the trophy.

Triple winners for the Lions were Mike Peterson and Duane Walrod, Peterson pinning all three of his opponents.

Also getting pins during the evening were Rocky Thurman,

Duane Walrod, Jeff Lewis, John Schmidt and Mike Coddington.

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