

Volume XXIX Number 8

St. Helens Senior High School





THE WINNING junior class

BPW Girl of the month

A SHSHS Senior, Terri Nickel-son, was selected the Business and Professional Women's Girl of the Month for December

The daughter of Mr. and Mrs. Ralph Nickelson, Terri is active in Girls League and is serving her second year as Historian of the Club

Terri also serves as the editor of the "Lion" yearbook, Vice President of Forensics, and is a member of Future Teachers of America.

Choir sings at

The SHSHS Choir sang at the

The SHSHS Choir sang at the Lloyd Center Dec. 18 Noel Nouvlet, I Wonder As I Wonder; soloists Julie Eaton Sophomore and Jean Mendenhall Senior, Sheapard Carol, We'll Dress The House, and Do You Hear What I Hear, were the five numbers the Choir sang Twana Bata was the

Choir sang. Twana Bates was the accompanist. The Chamber Singers sang We Wish You A Merry Christmas, and Angels We Have Heard On

High, "They did a good job. Especially since the snow days and Carol Contest practice," said

As a senior Terri is studying As a senior ferri is studying Modern Problems, Science Fiction-Mythology; Argu-mentation and Debate Intro-duction to Speech; Biology II; Advanced Art; and Yearbook production.

Terri and her mother were guests at a banquet December 21 held at the St. Helens Golf Course. Entertainment was provided by the SHSHS Chamber Singers.

This is the second year the Choir has been invited to sing at the Lloyd Center. The Lloyd Center invites 4 or 5 groups a night through December. Each

group is to give a half hour pro-gram. SHSHS Choir sang at 7:00, Grant at 6:00, Douglas 6:30, Beaverton 7:30, Sandy 8:00, and at 1:30 that afternoon Corbet.

Carol Contest highlights Christmas season

The "Class of 74", lead by Steven Coy and accompanied by Miriam Nolte, was the winning class of the 1972 Carol Contest,

class of the 1972 Carol Contest, sponsored by Girl's League. Three Kings'' and the junior class chose as their marching song, "We'd Like to Teach the World to Sing'', with different lyrics added to fit the theme of the Carol Contest. Long dresses and shirts and ties were worn and for the first time in any Carol Contest a backdrop with revolving panels was featured. was featured.

was featured. The sophomore class chose as their marching song "Here Comes Santa Claus," with Santa and reindeer coming in to high-light the end of their song. They were lead by Cathy Carpenter and their accompanist was Julie Eaton. The sophomores chose to wear short dresses with shirts and ties for the guys. The defending "71" Carol Contest winners. the class of '73

The defending "71" Carol Contest winners, the class of 73 was lead by Dave Lawrence and was lead by Dave Lawrence and they were accomplanied by Twana Bates. They chose to wear short dresses and suits while marching in to a medley of "Hark the Herald Angels Sing" and "Angels We Have Heard On High " High

The judges for the contest were Sister Marian from St. Frederic; Mrs. Joyce Phillips, former leader of the Sweet Adelines; and Rev. Ernest Mathes rom the First Christian Church. The

judges were chosen by the Girls League and had to meet wo basic requirements. They were to have no direct affiliation 'with St. Helens Senior High School and they were to be people who un-derstand and know about music. The alsesser were indeed on

derstand and know about music. The classes were judged on four basic things first being, initiative, which counted for 50% of the total, and under this heading was appearance, march-ing, presentation of the song, and the backdrop. 10% was based on the ability of the class and the accommanist to keen with the the ability of the class and the accompanist to keep with the leader, while 5% was kased on class participation. The quality of singing counted 35%, and special consideration was given to the size of the class and their past ex-pariance perience.

perience. The program was presented by the Girls League. Trudy Glasscoe first introduced the judges and then she introduced the classes for competition. Barb Hall, program chairman, introduced Sheree Bogardus who narrated the program. The pro-gram included scenes the Chämber Singers might have en-countered during a tour through-out the U.S. The first scene was at a home where the tree was being

where the tree was being decorated while the Chamber Singers sang "We'll Dress the House," this scene included Rosemary Dahlgren as the mother, Charles Mueleck as the

father and Clarında Hanson as the little girl. Next they moved on to some old

peoples home where Chris Iver son as George and Rhonda Daw-son as Martha, wished for their children to be with them, while the French and German students sang "Silent Night."

sang "Silent Night." Then we witnessed a kinder-garten class room where the teacher asked the question, "What do you think of Christ-mas?" The Chamber Singers next sang "Angels We Have Heard On High."

They also encountered a scene at the White House, where Dick was writing a letter to Santa, and Pat was doing her best to help him. The Chamber Singers sang "O Come All Ye Faithful." And their last stop was at a

"O Come All Ye Faithful." And their last stop was at a poor house where the children were anxiously waiting for their father to get home so they could give him the small present they had got him for Christmas, even though they knew he would not have enough money to buy them all presents this year. The Chamber Singers lead the Student Body in some carols while the judges were making the final decision on the winning class.

Rev. Mathes then asked for the leaders of each class to come for-ward and he presented the carol contest plaque to Steve Coy, Song Leader for the junior class.

Personality Sketch

Lloyd Center Mr. Hilstad the choir director. After they sang they had two hours of free time. "I ate, and shopped," was Mr. Hilstad's answer when asked what he did with his time. this time is Daelene Gainer.

Date is a junior, has long blonde hair, blue eyes, and is five feet, six inches tall.

Q: How do you like being a cheerleader? A: Sometimes it is a lot of fun, but it takes a lot of time and

work

work. Q: What do you think of school spirit at pep assemblies? A: It could be better. The only time anybody yells is class competition. If they stressed more on spirit than competition the spirit would improve.

Q: Do you feel the cheerleading squad has it all together? A: We could be a really good squad if we could only practice harder and more often. But we have a lot of fun when we're to-fether and thot's what counts gether and that's what counts. Q: What, in your opinion, makes a good cheerleader? A: You have to be willing to put

A: You have to be willing to put in a lot of work, and be spirited and yell even though no one else is. You also have to be able to put up with a lot of criticism. Q: What do you think of the basketball and wrestling squads? A: They both are putting a lot of good effort and hard work in.

But I think they would-put out more if the Student Body sup-ported them more.



DAELENE GAINER



Girl of the month

Robin says that being ap-preciative is "being thankful for everything that people do for you — even if it's just something small."

small." Born January & 1956 to Rev. and Mrs. Ray Hood, Robin is currently a member of GAA, and is on the "Lion" yearbook staff. As a junior, Robin is studying yearbook, Choir Music Theory, Writing II, U.S. History and Algebra II.





KRUSTY

January 15, 1973



change channels, over sized mud grips, automatic leading, boot stomps (from irate people . . . not him), hand turn signals, a tacho-meter that doesn't do much good seeing as how it is in his bedroom seeing as how it is in his bedroom instead of his car, also a set of duel horns that are not hooked up because they don't work, warped hub caps (thanks to Potty!?) and last but not at all in the least . . . only half of the right front fender is there, which adds much beauty and outstanding style to the "Blue Goose."

"Blue Goose." If there's one thing Dave doesn't have to worry about when he's out having fun, it's the fact that no matter what... there's not much that can hurt the "Blue Goose" anymore. Have fun Dave ond good luck with the much hug! and good luck with the mud bug!



KAR

Lions Roar

Chosen for the trait "apprecia-ve" was the Girl of the month r November, Robin Hood.

Steve Howe-guitar, vocal Chris Squire-bass, vocal Rick Wakeman-keyboard Rick Wakeman-keyboard They have two albums worth buying, to my knowledge. They are "Fragile", and their new one "Close to the Edge", which I my-self just recently purchased. At one time I owned "Fragile" but through the passage of time (which is relative) it has fallen into the hands of mushy. As for into the hands of mushy. As for the new one, I can say that it is at least as good as "Fragile". It is

Yes. A group of unquestionable technical brilliance, out of England. There are many groups

who are good, many groups who can "boogie", but to play this type of music, you have to have people of the first order. The per-sonnel in this group of rythmic

wonder are: Jon Anderson-vocal Bill Bruford-percussion

don't even realize that all eighteen minutes has elapsed since the beginning. Side two is taken up by two cuts, the first being "You and I" Acoustical Moog pandemonium relief, at least. The second cut, "Siberian Katru" rounds out the album in a nice fashion. On look-ing at it all maybe the right way ing at it all maybe the right way to play this would be first, side two, then side one. If you heard the way side one begins and ends (Waterfalls, birds chirping, wings fluttering) you would



397-1650

January 15, 1973



'Miss Dawson' arrives



First day of school...!



Football...

HIGHLIGHTS '72



Queen Rosie and court



Coach Kocer...



year, but '73 will be better

(right seniors?)



BERT (Reynods) the 2nd...



Winterball royalty



school play ...

Lions Roar

Gymnasts to perform Gymnastics competition will begin January 11 when St. Helens takes on Aloha. The girls began practicing officially on Oct. 13 and have six meets scheduled so far for the J.V. and varsity terms. teams.

teams. Frances Seuell/coach for the girls gymnastics team, thinks that gymnastics is excellant self-discipline for those who parti-cipate. She also thinks that gym-nastics for boys would be very good but there are not enough coaches for them because of all the other boys' sports

The events and performers for St. Helens are Uneven Parallel Bars: Donna Waite, Cathy Rier, Janice Reynolds, Karen Schmidt, Becky Kjornes, and Janice Warren. Floor Exercise: Janice Reynolds, Joyce Reynolds, Kathy Dougherty, Carla Rice, Glenna Mueller, Laura Pihlaja, Karen Schmidt, Bonnie Doris, Julie Pid-

Schmidt, Bohnie Doris, Julie Pid-cock, Sheila Stratton, Kim Peter-son, and Juanita Preston. Balance Beam: Joyce Reynolds, Carla Rice, Cindy Slater, Bonnie Doris, Val Grimm, Rose Durbin, Kathy Walker, Janice Reynolds, Debby Thurman, Kim Peterson, and Juanita Preston. Horse: Kim Peterson, Donna Waite, Cathy Rier, Glenna Muellar, Janice Reynolds, Val Grimm, Cathy Dougherty, Laura Pihlaja, Rose Dougherty, Laura Pihlaja, Rose Durbin, Becky Kjornes. The Gymnastics program be-

gan because of intense interest and enthusiasm on the part of some girls who were interested in the sport.

Miss Suell expects a good season for the team



The St. Helens Lions lost their Basketball game Friday, Jan. 5

The Lions trailed at the end of the first quarter 15-10. But after then they took control of the court then they took control of the court with Ken Doherty hitting from the outside and Bruce Kneeland hitting in close. This second quar-ter really put the Lions ahead 31-23 lead into half time. After intermission the Lions rally was slowed down with the deforms quitting work and the

defense getting weak and the offense not hitting the basket. It was a Canby rally that shook the Lion club so much that it broke

their rhythm. The fourth quarter especially the last few minutes that killed the Lion club. Here both clubs went into a stall hoping to make less errors than the other. Canby making the less and coming out on the end 52-50



Wrestlers victorious twice 1:09 of the third round. The score

It proved to be a senior Saturday on Dec. 16 as the St. Helens varsity wrestlers stomped over Rogue River by a team score of 48 to 17. It proved to be a day for the seniors when 6 out of 7 of them got pin

Page 4

The first wrestler for the Lions was Jim Welch who lost by a decision, and Randy Doris 115 lost by a decision the score at that time was 11-0 in favor of the Chieftains. The next St. Helens grappler was John Schmidt a senior at 123 was considered to be senior at 123 was considered to be the one who started it off, Sch-midt pinned his man at 1:09 of the first period. Rocky Thurman 130 pinned his man at 43 seconds of the third period. Mike Coddington 136 pounds pinned his man at 1:06 of the first period. The score at that point was 18-11 in favor of the Lions. The next match at 141 Lions. The next match at 141 pounds, Kurt Sigler lost by a decision in the closing seconds. Roy Oliver started it off again as Roy Oliver started it off again as he pinned his man at 1:10 seconds of the second round. At 157 pounds Randy VonAllmen played around with his man but finally put him down for the pin at 1:06 of the second round. The final senior to pin his man way Rob Davis at to pin his man was Bob Davis at 168 pounds trying despertaly to pin his man and finally did so at

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1:09 of the third round. The score now read 36-14 St. Helens. At 178 pounds Mike Thomas pinned his man at 1:13 of the first round. Jerry Thomas 191 pounds lost by a close decision and Dave DePriest at Heavyweight won by a forfait a forfeit.

The second varsity also had a fine day out on the mats as they ran over Rouge River's second

At 98 pounds Gerraled Prit-chett lost by a pin. Both teams forfeited 106 pounds, and at 115 Pat Kearsley won by a pin which he got at 1:19 of the second period. Mark Nelson 123 pounds won by a pin at 1:06 of the 3. won by a pin at 1:06 of the 3 round. At the 130 pound class Kelly Dering lost by a pin, at that point the score was 12-12. Frank Heppner 136 pounds won by a pin at 52 seconds of the second round. At 140 pounds Dave Hanson won we addression and the score after At 140 pounds Dave Hanson won by a decision and the score after that was 21-18 in favor of the Lions. Rich Baily 157, Scott Manges 168, Rick Lut'rell 178, and Larry Cave 191 all won by forfiets and the final match both teams forfieted heavy.wight.

The St. Helens wrestlers made it two wins in a row as they again stomped their opponent, this time it was the John Adams Patoriats

and the final varsity score was 50

and the final varsity score was 50 to 12. The varsity started off good as 98 pounder Jim Welch won by a forfeit, but the next weight class, 106, St. Helens ended up forfieting it as the wrestler wasn't able to make weight. At 115 pounds Pat Kearsley won by a decision, and at that point in the match it was 9 to 6 in favor of the Lions. The next match John Schmidt 123, won by forfeit. 130 pound wrestler Rocky Thurman won by forfeit also. Mike Coddington at 136 pounds won by a decision 2-1. The 141 pound wrestler Brian Sigler lost by a decision. Roy Oliver 148 won by a decision, 137 pounder won by a decision, 137 pounder Randy VonAllman won by a for-fiet. At 168 pounds Bob Davis won by a decision and Mike Thomas also winning by decision. Gerry Thomas 191 pounds won by a for-feit, and a heavyweight Dave DePriest drew at 0-0.

The second varsity also had a good night as they downed their opponents by a score of 78-0. But the only wrestlers to wrestle on second varsity were Frank Heppner in which he won by a pin, and Larry Cave, which pinned his man also, all other weights were forfeited by Adams. The varsity wrestlers lost their The varsity wrestlers lost their

lose one first match Thursday, Dec. 21 to the Sandy Pioneers by a close score of 22 to 26. At 98 pounds Jim Welch lost by a decision, and Kevin Muller lost

by decision at 106. It was the third by decision at 106. It was the third match before St. Helens got any points on the board as Pat Kears-ley pinned his opponent in the second round. At 123 pounds John Schmidt won by a decision, but the next three wrestlers all lost by a decision, Rocky Thurman (130), Mike Coddington (146) and Tim Coddington (141) pounds. Roy Oliver at 148 and Randy VonAllmen 157, won their mat-ches by decisions and at that ches by decisions and at that point the match was almost even. The next three wrestlers, Bob Davis (168), Mike Thomas (178) and Gerry Thomas (191) all lost by decisions, and the final match, heavyweight, Dave DePriest won

by a pin in the first round. The second varsity also lost their match by a score of 24-36. their match by a score of 24-36. Wrestlers winning by pins were Randy Doris (115), Mark Nelson (123), Frank Heppner (136), and Larry Cave won by a forfeit. The Lions had three wrestlers that tied, they were Dave Hanson 148, tieing 6-6, Jim Fischer 157, tieing 9-9, and Rick Luttrell 178 tieing 3-2

maining to win the game

Kling, and Ralph Shaw

Score by quarters: t. Helens 10 21

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basketball wins of the key with two seconds re-

ball team opened their league play Monday night December 18 with a victory over the Central with a victory over the Central Panthers by a score of 70 to 56. The Lions looked like they wanted to win the game as they went out from the very beginning and clearly dominated the first, second, and third quarters. The leading scorer for the St. Helens Lions was Bruce Knee-land with 14 points he was also

ten points — and one rebound, Jeff Heller nine points, five re-

bounds, Gary Hallaian 8 points, two rebounds, Ron Barrick six points, 2 rebounds, Ken Doherty six points, two rebounds, Ron Hamilton two points, one re-

bound, Will Jones two points, three rebounds, Larry Howell three rebounds, Larry Howell and Tom Barker failed to score. Helens as a team were 40%

in field goals as they hit 28 out of 69 attempts, and were 56% at the free throw line as they hit 14 out of 25 attempts. A big part of the Lions win was due to the number of rebounds, they had a total of

The J.V.'s also won their game

by a score of 42-40. They won the game on Mike Duman's jump shot from the side







Varsity COOPER AUTO PARTS The St. Helens varsity basket-

land with 14 points, he was also the leading rebounder with 11. Next to Kneeland was Len Mason with 13 points he also trailed behind Kneeland with seven re-bounds. The rest of the scores were as follows — Marc Knudson ten points — and one rebound,