Student body Officers elected for 73-74 year



DAVE STROUD, newly elected Student Body President.



TERRY CHARLET, newly elected Student Body Vice President.



DAELENE GAINER. newly elected Student Body Secre-



MIKE ROSS, newly elected Student Body Treasurer.







Volume XXIX Number 14

St. Helens Senior High School

April 10, 1973

Problems visit Modern classes Inmates

Visitors to Modern Problems classes on March 15 were two in-

classes on March 15 were two inmates of the Oregon State Penitentary, and their public relations officer.

Mr. Barker, officer of public relations explained the system of rehabilitating the prisoners. He said, "People have the idea that criminals should be locked up and kept there." This is not so. When a man is turned back out to the world he isn't ready for what he finds.

the world he isn't ready for what he finds.

At OSP the inmates are work-ing or going to school. Within the institution is a furniture factory where the inmates build and sell

furniture. The men also do laundry for businesses.

The penitentary holds 1300 men, and at the present time there are 960 men lodged there. The average age of the prisoners is 31 and the youngest inmate is 17 years old. An average stay is 6 years

years.

OSP is a maximum security penitentary and there has been penientary and there has been no escape in 23 years. The most recent escapes have been from minimum security, such as the farm annex and the forestry

Some of the inmates are allowed to live and work on the Farm Annex. The 2,000 acre farm is located near Turner and produces beef, dairy products, and pork. Other inmates are living and working with the forestry department on the Forestry Annex located near Tillamook. Inmates wishing to further their education are instructed by 70 teachers who are volunteering

70 teachers who are volunteering their time to teach the men. Some their time to teach the men. Some of the men are completing their second year in college, and some are being allowed to live on college campus to finish getting college credits. At the time about 30 are finishing school. Vocational training is also offered in the fields of auto body, carpentry,

and drafting.

Bob Smallwood is serving a life sentence for murder and has been imprisoned for 3 years. He spent 9 years in the Army and was 26 when he was arrested for

was 26 when he was arrested for the first time.

To pass the time Mr. Small-wood has joined three of the many clubs inmates are free to join. He is a member of the Lifers Club unlimited, Masters man, which is a religious group, and the gavel club.

The Masters Man Club is now working at Camp Crestwood, cleaning up the campground and

building three cabins for the Camp Fire Girls.

He is working on his GED and has been going on speaking engagements for three months.

engagements for three months.
Serving a 5 year term for
assault with a dangerous weapon
on two counts is 26 year old Charles Ardale. He has served two
years of his sentence and will be
going up for parole in a few
months. If he gets paroled he will
be returning to New Jersey on an
out-of-state parole, and attend
Princeton.

out-of-state parole, and attend Princeton.

At OSP Mr. Ardale is the deputy clerk in the education department, and has completed his freshman credit in college. He is a member of the Gavel club, public speaking, and the Javcees.

April events

14 — State Chess Convention at

Central Linn
Track Forest Grove here at

Girls Track at Forest Grove

19 - Track at Newberg at 3:30

- Track LaSalle here at 3:30 Baseball at McMinnville 4:00

24 — Music Festival 26-28 — All School Play 27 — Baseball Astoria here at 3:30 30 — Choir to South Eugene D.O. Ranquet at 6:30

Hilton scene of conference

Bill Perkins, Val Marpe, and Shawn Williams attended the 4th annual NSPA-JEA-OJE West Coast Conference at the Hilton Hotel April 6-8. About 1200 high school journalists and advisors from 16 states were expected to attend the conference.

Dorothy Hallaian, president of OJE or Oregon Journalism Educators, presided over the Oregon state conference on Friday. Officers of OJE hosted the remainder of the conference.

The conference was sponsored by NSPA, National Scholastic Press Association; and JEA, Journalism Education Association who were looking forward to a strong delegation.

Speakers at the main conference included Bill Ward, Professor of Journalism at Southern Illinois University and the author of many journalism textbooks. Don Sterling, editor of the Oregon Journal and Doctor Robert P. Knight, Director of the Missouri Press Association also spoke.

Others included Richard P.
Johns, Executive Secretary of
Quill and Scroll an honorary
society for journalism students;
Pat Clark from Griffith High
School in Indiana who led a 6session yearbook short course,
and Sliff McNair, chief photographer from the Bremerton Sun
and chairman of the National
Press Photo Association. McNair
did six 50-minute sessions on did six 50-minute sessions on

photography.
Highlights of the conference included pre-convention tours on Thursday and Friday; the convention kickoff on Friday; an on-the-spot writing contest Friday afternoon and a rock dance Friday night. On Saturday and Sunday 150 cossions on yearbook and day, 50 sessions on yearbook and newspaper were held. An awards luncheon was held Saturday noon and Saturday night the Golden West Indoor Rodeo was held at the Memorial Coliseum.

The next School of Journalism event will be a five day workshop for new and inexperienced news-paper advisors June 18-22.



MR. PHILIP FARKAS, French horn soloist, teaching senior and junior high band students about some of the techniques in brass playing. Mr. Farkas held a concert with the SHSHS band and choir on Thursday, March 15.

POW's: now it's their turn

The last KNOWN Prisoner of War has returned. Is he really the last one? Are there still more of our men imprisoned over there that we don't know about? Have they beaten, tortured, and injured them to the point that they are afraid to send them home? What will happen to those men now that the rest of our men have been returned to us?

been returned to us?
Will the American people ever know how many of our guys died in their "sanitary" prison camps, with their "humane" treatment?
What becomes of the men who have returned? They now have to live with the horrible memories of the years they spent in North Viet Nam. They have the scars, both physical and mental, to remember those years by. Watching their fellow Americans being beaten, tortured, and killed just for propaganda. Human lives (American ones at that) being (American ones at that) being destroyed, or nearly destroyed for propaganda to feed the people. Lives, to make the news around the world. Was it really

We can't fully understand the way those men feel because we live in a society where we don't have to go through what those men experienced. We go about as we please, we've never been locked up for 2-1/2 years without seeing another human being. We've never had to live on bread water, snakes, monkey s, fish head soup, or many other things those men were fed, if they were fed at all. They ate what they gave them or starved, they really had no choice!

We've never had our bodies twisted and tied up in ropes, or had salt poured in open wounds. We've never had to live like those man had to live, and we probably never will

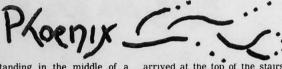
Then we have people like Jane Fonda & Co. who say these men are lying. They say the POW's are just saying those things happened to them. Would the POW's be able to lie about some of those things when they have

e scars to prove it?
The North Vietnamese wanted propaganda and I believe they'd go to any length to get them. When Jane Fonda and her group visited North Viet Nam those people showed them just what they wanted them to see and nothing else.

nothing else.

Those men came back to the United States expressing a deep respect for God, their country, and their fellow Americans.

They kept their faith in their country and now as Americans we should believe them!



Standing in the middle of a plateau, I fell over and struck my Standing in the middle of a plateau, I fell over and struck my head per-force upon the pavement. By the time I realized what had happened, it was too late. I had fallen into a dream. An opalescant green shell encompasing the sky, my head. I was no longer in the middle of the afore-mentioned plateau, but found myself walking down a main street with my partner in pomegranets, Mushroomer. At the end of this street, I could see some sort of an industry. I think it was a lumber works, I'm not quite sure. While we were walking, we happened past a small wooden structure, a house. Inside one of the windows there hung a flag, the Flag of Ethiopia. Don't ask me what it was doing there. Anyway, one of the people who lived inside the house opened the door, stepped out on the front porch, and invited us in for a round of "roll the bones". We accepted, and began a long walk up their spiral staircase in the middle of the garden. To say the least it was a scarry getting to the staircase, being how there were hedge-hogs and baby elephants eating out of a marble trough. What they were eating appeared to be a mixture of cabbage and raisins and walnuts and crushed corn cobs. Anyway, when we

arrived at the top of the stairs, there they were, waiting for us with arms outstretched and

bones awaiting.
"Come on in, sit down and have

"Thanks. It's kind of funny out there. Not cold, you don't really think about that, just kind of

"I see. Perhaps you would like a piece of this cake. It was made by my dear friend, the cheshire cat.

"Looks good," said Mushroomer

He took one small bite, his face He took one small bite, his face lit up in a fiery grin, then he fell over into the nearby couch and started reading aloud from a dictionary. After a while of this, he got tired of it and nailed the book to the wall. ok to the wall.
'How about those bones?'' said

How about those bones: Salat Whether we play or not doesn't really matter to me, even now it's not the same." "Oh no!", exclaimed one of the

house occupants, and he got up, ran into the kitchen to recover a piece of dead animal he was frying in a pan. By the time he got in there, grease and hot water were covering the walls and all of the utensils hanging from a rack on

the ceiling

As I was crossing my legs, the

Flight to Oblivion Spring's here

In the vast areas of wilderness throughout the world there are ntany places where a plane that crashes can be concealed. When a plane is lost over the ocean, there is less chance of finding it, but evidence of the crash is spotted and the plane's fate is at least established. However, once in a while aircraft vanish under such unusual circumstances that we wonder if perhaps some supernatural element did not step in to confound the experts. So it was with the vanished Avengers.

Part of the routine training flights from the Naval Air Station at Fort Lauderdale, Florida, is on a roughly triangular course along a predetermined route. There is

a predetermined route. There is nothing unusual or dangerous about it.

On December 5, 1945, five Avenger torpedo bombers took off on one such mission — a mission that would end in tragedy mission that would end in tragedy and mystery. The course was to take them 160 miles over the ocean to the east, 40 miles north (toward land), and then back to the base. The pilots and navigators had flown the route many times before. This time was different.

All the planes had the best radio and navigational equip-ment, each had self-inflating life rafts, and each man wore a life ratts, and each man wore a life jacket. The planes left after 2 p.m. and were due back in two hours. At 3:45, when they would normally be about ready to ask for landing instructions, the flight leader, after consulting with all five negatives. five navigators, reported: "Can't be sure where we are. Can't see land." Could all five be lost at the same time? Impossible under normal conditions!

Shortly thereafter, the leader shortly thereafter, the leader turned the command over to another pilot, and 25 minutes later came the last message from the planes: "Still not certain, but believe we are about 225 miles

dead animal came flying out of the kitchen and headed right through a stained glass window in the living room.

the living room.

At this, everybody stood up and began wading around in the sea of molten linoleum that had developed curiously as had everything else in the house. Speech had left us all and we had a contact the dear and were the dear to the dear and were

speech had left us all and we waded over to the door and were forced to break it down.

A rush of cold air broke my sweating, and the early morning chirping of the birds brought a sign of relief from my electric

sign of relief from my electric jaw.

"Thank goodness for ".

"Just a minute," said Mush-roomer. "What do you want to get involved in now? Or would you rather just walk around and view the reflections?"

"Arkansas wind-up relative, tree clock light house," said I as we began walking forward, into the past.

A vast search was started immediately. One of the planes that took off was a giant Martin Mariner flying boat, equipped to land upon rough seas. It was loaded with survival and rescue equipment of all kinds. Base radio advised the Avengers that the Mariner was on its way to lead them home, then called the big flying boat to find out its position and if the men had sighted anything. The Mariner did not answer the call. She too vanished in the same general area without a trace!

The greatest aircraft search in history began. Nearly 250 planes, nistory began. Nearly 250 planes, an escort carrier, many surface ships, and a dozen land search parties scoured the coast for traces of any of the six planes. But the five torpedo planes and the giant flying boat were never that the street of the six planes. spotted. There was not a scrap of wreckage; no floating body, tire,

wreckage; no noating body, tire, book, or paper; no distress call or rumor. All had flown into oblivion — suddenly, silently, and mysteriously. The report of the Naval Board of Inquiry concluded with: "We are not able to make even a good guess as to make even a good guess as to what happened." Can you? The area that the above story

took place in is now called the Devil's Triangle. It also includes the area around the Virgin Islands and Bermuda. Many other airplanes and ships have mysteriously disappeared in this area. A taleuising program was area. A television program was even made about the strange occurences. Therefore this must be a true story; but how can it be explained?

Generations

Skirts short.

Legs long. Boys eyes, Don't belong!

Lips pink, Eyes bright

Hearts in flight! Pants flare, Wierd ties.

Girls stare, At the guys! Funny glasses,

Days do pass; Time so short

Now they court! Bells ring,

Happy pair,
New born child.
Memories they share,
Of days so wild!
But if he grows,
To be like us,
We'll set right down

We'll set right down, And cry and cuss! Reprinted from the September 29, 1969 issue of the Lions Roar.

397-1435

Kiss at last.

Say I Do Seems like spring, Just for two.

Long hair. Sexy passes? Wouldn't dare!

Boys wink

And then complete silence. No other radios were heard, nor were there any distress signals.

The day was grey and black, drizzle fell from the clouds that formed a ceiling over the earth, blanking out the universe. Trees stood a bare and desolete watch above the barren ground. Everything was still and only the sound of the chill rain penetrated the gloom. It seemed as if Time itself had died in the cold of winter.

Then a light airy breeze whispers a promise to the land. A glow appears in the clouds and

whispers a promise to the land. A glow appears in the clouds and parts the misty grey ceiling. The sun's first yellow rays fall upon the barren ground and awakens the sleeping grass. Green sprouts push their way out of their winter bed and stretch their young leaves to the sun. The trees turn green and the first birds appear, uttering a few hopeful notes. uttering a few hopeful notes. Suddenly, the earth explodes with the yellow sunlight, green plants, and the glorious colors of flowers, butterflies, and birds. Spring has arrived.

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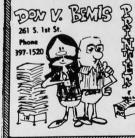
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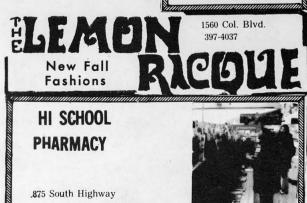


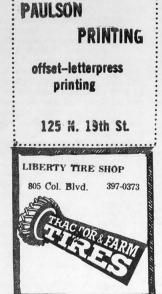


Tentative plans for the Junior Prom were prematurely an-nounced in the last issue of the nounced in the last issue of the Lions Roar. The plans, as confirmed by Junior Class Advisor, Tom West, and class president, Gary Hallaian, are as follows: 6:30 to 9:00, buffet dinner; 9:00 to 11:30, Prom dance. The Coronation will be about 10:00 p.m. Price for the dinner and prom will be \$10.00.

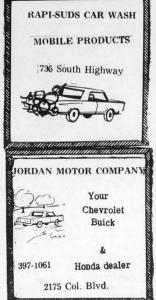
An after-prom dance, sponsor-

An after-prom dance, sponsored by the Elks Lodge, will be held from 11:30 to 2:30 a.m. The chaperones for this rock dance chaperones for this rock dance will be furnished by the Elks. The lodge must be closed by 2:30, and no breakfast is planned. The Elks are sponsoring the rock dance on a trial basis and it will be decided later if it will become an annual





raisins and walnuts and crushed corn cobs. Anyway, when we



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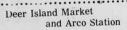
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Around About

Terri Nickelson, a SHSHS senior placed second at the District Speech Tournament in Rainier on March 31. Terri now goes to the State tournament. Her

talk was on expository speech.

John Ridenour will be representing St. Helens, as well as the
Coastal and Columbia areas in the 1st Annual OMSI sponsored State Chss Tourney. Mr. Clarence Butler, DO In-

Mr. Clarence Butler, DO Instructor, was marrid on March 16, 1973, in Hood River. The new Mrs. C. B. Butler is the former Midge Cade. She is employed by th school district.

Report cards came out April 5. A late April Fools day for most of

The combo and musical parts of the spring play "You're A Good Man rehearsing. The play will

April 26, 27, 28.
The prom is coming up soon,
May 5. So don't wait, get a date!
Have you heard the mating call
of the "Rosie Posey"?

of the "Rosie Posey"?

Airman Richard Riegel, former student at SHSHS, recently sent the newspaper staff a pamphlet about news style guides as used in the Armed Forces.

Riegel is now stationed at Homestead Air Force Base in Florida. He is a writer for the base newspaper.

One final look

I walked into the school late one May afternoon when no one else was around and started down one was around and started down one of the long empty corridors. I came to the end of the hall when I felt something but I knew not what. I turned and what I saw amazed me. Twelve long years of education completed. Countless number of book reports, science projects, and term papers all behind me. It made me feel good. It made me feel big! made me feel big!

Then I turned again, and I saw something else. Something that frightened me. I saw seventy-five percent of my life still ahead of me. What I would do, what I would become in the next three

me. What I would do, what I would become in the next three quarters of my lifetime would depend on what I could remember from these twelve now, short years. Then I didn't feel so good. I felt weak, unsure of myself. I wanted to grab for something, but nothing was there.

I saw something else too. I had heard so much about the draft, but I didn't realize how close it was until I had to register for it. A seventeen year old high school senior may be ready to give his life for his country; an eighteen year old private in the army may wonder.

I started to walk toward the door at the end of the hall. As I

I started to walk toward the door at the end of the hall. As I walked, my footsteps echoed in my ears, as they do in empty buildings. It sounded hollow. Then I was outside. And outside there were too many people and too much sky to allow for the sounds of echoes.

By Robert Triebald

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KOACHES KAR KORNER



MIKE EASTERLY stands beside his Levis Gremlin (in his Levis tacket) nicknamed "Hapi Car" after his cat because the car has no rear-end.

Levi and Strauss bucket seats are the "in" things in Mr. Mike Easterlys' 1973 Gremlin. Besides these long lasting Levi seats this two-door "Hapi Car" is light blue highlighted with gold racing stringe.

Mr. Easterly claims to have more horsepower himself than his little six-banger with a two-

barrel carb (if anything at all); This 232 cubic inch (3.8 liter)

sports about with an automatic on the floor. Due to the fact that the back of the car is cut off (like Mr. Easterlys' minx cat, Hapi, which is where this car got it's nickname..."Hapi Car") there is no rear end. (At least not one that he would like to talk about!) that he would like to talk about!)

Since the "Hapi Car" has no tachometer, the only other features it has are wide ovals and good gas mileage.

The nine students which they teach range from 7 to 14 years old.

Hard boiled eggs,

at the same time.

bunny rabbits, and cosmic muffins. These and many other things have come down the ages

to stand for Easter. The celebra-

tion of the ressurection of you know who. He is risen, every year

at the same time.

I remember in my youth, egg hunts. Dressed in my Sunday best with wet hair and all, I ended up getting lost in the deep, lush outback of the three leveled garden. I became totally unable to relate to the situation and so I smashed my eggiwegs down upon the ground. What a frustration. So if you don't happen to go on an egg

you don't happen to go on an egg hunt, pray to the light on the ceil-

ing in your room and hope that Peter the scuzzy comes and leaves you some jelly beanies and/or some chocolate eggiwegs

for you to munch away the Easter morn'

The reason why Mr. Easterly chose this car besides the fact that it reminds him of his cat Hapi is so he won't have to drive his Super Bee around and get teased by all of the wrestlers who call it a TURKEY. (I can't imagine why!?)

Future plans for the "Hapi Car" is for Mr. Easterly to "run the ('BEEP') out of it!" (Now is that your idea of a Modern Problem???!!!)

Girls volunteer services

Cathy Rier, a junior and Glorene Simpson, a senior have been doing volunteer work at John Gumm this semester with

John Gumm this semester with the mentally retarded.

The objective they are trying to achieve, is to observe the students in what they do, to help make the program better, and to try to get them to participate in the class projects. Cathy and Glorene have had a wide variety of experiences with the educable mentally retarded students, some of which include many good thoughts along with a few bad ones.

They both do individual work with the students which includes learning to dress a Diaper Dan, to help them learn to dress them-selves; the fundamentals of math and reading; how to write a story; working and growing things in their garden; and good grooming.

While they are teaching, they

are also observing some of the things the students do, arts and crafts, reading and looking at books in the library, and playing games and doing other things during recess.

The class has taken a field trip to the nursery to get things for their garden and also to observe the plants, then afterwards the class visited Farrell's Ice Cream

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397-0678

Complete High School Sports hronicle

Frustration is

FRUSTRATION IS:

FRUSTRATION IS: putting a dime in the coke machine and watching the coke run down the drain because no cup came down. forgetting to fill your gas tank up. having the frog you're disecting in Biology Lab. hop away having a fire drill while you're in DF.

Parlour and had ice cream. The class also watches movies and does other things as a group.

The upcoming events include two field trips, dinner or lunch put on by a special class and painting the green house.

The work these two girls do is strictly on a volunteer basis, but they do receive a credit for this. The nine students which they

getting your books back after a locker inspection having your chair collapse and getting your fingers stuck in the keyboard of your typewriter while you're taking a timing. putting a quarter in the juke box and not getting any song nor any change.

any change getting measured for Graduation caps and gowns

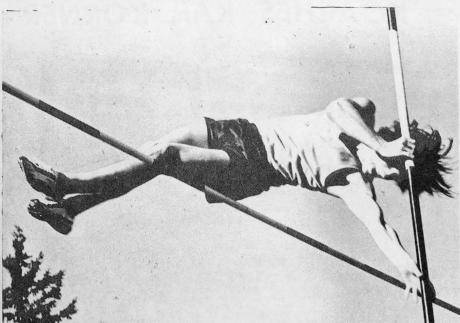


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DAVE STROUD clears 12 feet during the 3-way meet with Rainier and Seaside held April 2.

Lions win meet

It was a day for St. Helens April 2 as the Varsity and JV's both posted wins over Rainier and Seaside in a 3-way meet held on

the home field.

The Varsity picked up thirteen The Varsity picked up thirteen first places, seven seconds, five thirds, and four fourth places to score a total of 100 points.

In second place was Seaside with 53 points, and Rainier third with 17 points.

The JV's picked up 10 first places, seven seconds, five third places, and four fourth places for a total of 83-1/2 points.

places, and four fourth places for a total of 83-1/2 points.

In second place was Seaside with 29 points and in third was Rainier with 23-1/2 points.

Individually on the Varsity squad St. Helens placed second in the 440 yd. relay behind Seaside. St. Helens picked up first, second, and third in the mile run. Ralph Painter was first, Rick Kling second, and Joe McGilvra third. Painter's time was 4:40.7.

In the 100 yd. run Gary Gahhaian placed first in 10.5. At third was Jeff Edwards with a time of 10.8.

Gary Kling and Tom Barker

Gary Kling and Tom Barker placed first and third respec-tively in the Javelin. Kling's throw was 162'2-1/2 and Barker's

was 140-1/2.
Gary Kling picked up another first in the Broadjump with a jump of 19'8.
St. Helens picked up a first and

second in the 440 yd. run as Jim Beck placed first with a 53.5 time. Sigler was second with a 56.4.

Dave Stroud picked up a first in the Pole vault in 12'1-1/2. Kevin Kent placed fourth at 9'6.

Mike Peterson and Terry Charlet placed first and second in the shot put respectively. Peterson's throw was 449-1/2 and Charlet's

44'7.
The high hurdles were won by Shawn Deal of Rainier. Behind him at second was Peterson of St. Helens

Ralph Painter picked up another win in the 880 yd. run at 2:06.1. Marc Knudsen was second, Chuck Muehleck third,

second, Chuck Muenleck third, and Rick Kling fourth. Gary Hallaian captured another first in the 220 yd. run, behind him. At fourth was Sigler of St. Helens.

In the high jump Mike Duman placed third behind second place

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ST HELENS

NURSING

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One of Oregon's

finishers Shawn Deal of Rainier and first place finisher Mark Wickman of Seaside. Duman's heighth was 5'6, the winning jump was 5'8.

Again Peterson and Charlet captured first and second places.

Only this time it was the discus and Charlet was first, Peterson second. Charlet's throw was 132'5

and Peterson's 123'10-1/2.

Jeff Edwards captured the low hurdles in a time of 22.9. Finishing behind him was Lear and Pollack of Seaside and Flectcher

of Rainier. Two St. Helens men placed in the 2 mile run. Jim Beck won the event in 10:06.3 and Joe McGilvra came across fourth at 11:41.1

The mile relay was won by St. Helens in 3:45.5.

Members of that team were Hallaian, Painter, Sigler, and Knudsen. In second place was Seaside

Individually on the JV team Rick Burgoyne placed first in the discus. In third place was Alan

discus. In third place was Alan Housley. In the 440 yd. relay St. Helens team consisting of Peterson, Horan, Sigler and Duman placed

Mike Duman placed first in the 100 yd. run. The other three places were taken by St. Helens runners Muehleck, Kent, and

praces were taken by St. Heiens runners. Muehleck, Kent, and Horan. They crossed the finish line in that order. In the shot put Frank Everhart captured first with a 41'2-1/2 throw. Behind him at third was

Burgoyne of St. Helens.

Jeff Heller captured the high hurdles and at second was Tony Lasich.

The 220 yd. run was won by Ron Hamilton in 25.0. Finishing second was Kevin Kent and fourth was Tom Barker.
St. Helens took second, third,

and fourth in the High Jump. Tony Lasich was second followed by Peterson at third, and Barker at fourth.

Rick Burgoyne took the Javelin Rick Burgoyne took the Javelin with a throw of 139'4. Bob Horan took fourth with a 131'11. Mike Duman took the Broad jump at 17'10-1/2. Behind him at

second was Mallory with 17'1/2.

Jeff Heller won the low hurdles in 24.9. At third was Tony Lasich with 27.4

St. Helens captured first and

Foodland Thriftway 1111 Columbia Blvd. double meet of season

Harriers defeated in first

St. Helens Varsity Track squad dropped their first meet of the season on March 26 as Hillsboro and Rex Putnam outscored the Lions. Hillsboro rolled up 96 points, Rex Putnam scored 53 and St. Helens was held to only 21 sec points.

Jim Beck and Ralph Painter placed third and fourth in the mile run respectively. Jack

placed third and fourth in the mile run respectively. Jack Csergie of Hillsboro crossed the line first with a 4:32.0. The hundred yard dash was won by Pick of Rex Putnam in 10.4. Gary Hallaian came in second with a 10.5.

Marc Knudsen placed 3rd in the 440 yard run. The event was won by Nicholl of Hillsboro with a 52.7

In the next two events, the shot put and high hurdles no St. Helens man placed higher than

The 880 yard run was won by Gridders of Rex Putnam in 2:02.7. Picking up third for St. Helens was Jim Beck with a 2:04.0 time.

Rex Putnam picked up another first in the 220 yard dash. There was a three way tie for second by Bender of Hillsboro, Gary Hallaian of St. Helens and Eberts of Hillsboro with a 23.4 time.

Dave Stroud was the only St. Helens man to pick up a first place. Dave had a vault of 11'0. Durrell Kearsley a SHSHS junior placed 4th with a vault of 10'6. Jeff Edwards picked up a 3rd in

the 330 yd. hurdles.
The final varsity man to place was Ralph Painter in the 2 mile

run with a 10:44.0 time.

The JV's also went down to defeat to Hillsboro and Rex Putnam. Hillsboro was first and Rex Putnam second. Frank Everhart placed 1st in

Frank Evernart placed 1st in the discus with a throw of 96 feet. In 4th place was Rick Burgoyne of St. Helens with a 76-7-1/2 feet. In the 880 yard run Chuck Muehleck picked up a first place in a time of 2:11.6.

A 4th place was won by Kearsley of St. Helens in the 330 yd. hurdles. His time was 49.0. St. Helens picked up a 3rd and 4th in the shot put. Rick Burgoyne and Frank Everhart placed 3rd and 4th respectively.

and Frank Everhart placed 3rd and 4th respectively. The long jump was won by Lumbaugh of Rex Putnam. In third was Mike Duman of St. Helens with a jump of 17'5. Kevin Kent picked up a first in the pole vault with a vault of 9'6. Mike Duman placed third for St. Helens with a 9'0 vault.

Helens with a 9'0 vault.

Baseball posts 2 wins loses one during vacation

During spring vacation varsity diamond men posted a 3-1 record as they posted wins over Roose-velt and Knappa.

econd in the 2 mile relay. The

first team finished in 4:02.8 and the second team in 4:08.8.

The Pole vault was won by Chestnut of Seaside. In a two way

tie for second was Duman of St. Helens and Roberts of Rainier.

March 22 was their frist game as they ventured to Roosevelt High in Portland for a double header. In the first game St. Helens won by a score of 6-2. Scott Clark pitched the whole seven innings and looked very seven innings and looked very well. Scoring for the Lions Ralph Shaw, Randy Von Allmen, Greg Jensen, Scott Clark and Steve

Eakins who scored twice. In the second game Roosevelt came out on top by a score of 9-1. The only scorer in that game was Ron Barrick. Pitchers in that game were Mike Ross and Rex Murry. On the 23 Knappa visited St. Helens and went home winless as the Lions shot them out by a score of 12-0 and 5-1. In the first game; Myron Ray and Ron Barrack shared pitching honors. Scores were Pat Kearsley, Rick Luttrell twice, Ron Barrick twice, Mike

Ross twice, Myron Ray, Steve Eakins and Greg Jensen scored 3

In their second game Mike Ross started before Rob Fenk Ross started before Rob Fenk came in relief, the final score of that game was 5-1. Lion scorers were Mike Ross, Ralph Shaw, Myron Ray, and Greg Jensen twice. After spring vacation St. Helens had three pitchers with ERA (earned run average) of .000. They are, Ron Barrick, My-ron Ray and Scott Clark.



THE 1973 SHSHS Baseball team, Starting from the bottom left-hand corner they are R. Luttrell, S. Eakins, M. McCain, J. Templeton, R. Shaw, R. Barrick, M. Ray, G. Jensen, S. Clark, R. Murray, Coach Burt Burr, B. Kneeland, M. Ross and R. VonAllmen.

Dinners 397-9902 or 9905

1275 Columbia River Highway

Chicken

:Dino's Italian

Village Inn

397-1490

525 South Highway

Pizza

